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It's Good to Be a Girl



A Celebration of All That God
Made You to Be



Do you know something?
I love having a little girl.
Do you know why?
Because girls are special and needed!



What do you mean?
Let me show you...

Way back when God created Adam, the very first man, he already had plans to create Eve, the very first woman.



God knew that it was not good for man to be alone. Adam needed a helper—and that was Eve.

You know, God chose
to make you exactly
who you are—
inside and out!

Really? Are you sure?

Yes! God made every girl
unique—just the way he wants!

And he puts every girl right
where she is, so she can
love him and love others.





Like Harriet Tubman, who led hundreds of enslaved people to freedom.

And Fanny Crosby, who wrote thousands of songs praising God.



And Esther Ahn Kim, who kept sharing God's love with others even when she was put in jail.



And every girl who shows love and care for others in one hundred ordinary and unseen ways.



All of us are a special part of God's good plan!

God shapes our lives and helps us do
Whatever he has called us to.

Let's thank our God, rejoice and twirl,
Because it's good to be a girl!



Dear parents and caregivers,

As mother and daughter, we've had this conversation for over two decades now: what does it mean to be a girl? What's our purpose here? As we've searched the Scriptures, we've been overwhelmed by the goodness in God's design for Eve and all her daughters.

In Genesis 2:18 we see God make a "helper" fit for Adam. The word for "helper" in the original Hebrew language is ezer. It is used 21 times in the Old Testament, including 16 times as a description of God himself. Ezer is associated with shields, swords, triumph, rescue, comfort, and awe. What an amazing calling!

We want the girls in your life to know that God designed them to be good and necessary—and to understand all the possibilities God has for them.

As you have been called to care for and raise up little girls in the 21st century, perhaps you have felt burdened and even overwhelmed by gender and identity issues, which whirl around us. We certainly have. But here's what's true: God's Word is timeless, good, true, and beautiful. As our Creator and Savior, Jesus has only the very best in mind for you, and us, and every single girl in the world.

May we cling to God and his word, and may we renew our minds according to what he says. May this book help you, and the girls you love, to do just that.

It really is good to be a girl!

Jen and Zoe Oshman