

HOW TO PRAY

NOT SURE HOW TO TALK TO GOD? YOU'RE NOT ALONE IN THIS.
IN FACT, JESUS HAD TO TEACH HIS DISCIPLES TO PRAY
AND THAT'S WHY WE HAVE THE LORD'S PRAYER (MATTHEW 6:9-13)
AS AN EXAMPLE OF WHAT A PRAYER SHOULD LOOK LIKE.

JESUS IS OUR BEST FRIEND (JOHN 15:15) AND GOD IS CALLED
OUR FATHER (ISAIAH 64:8, 1 JOHN 3:1), SO THINK OF PRAYING AS TALKING
TO SOMEONE YOU LOVE. YOU DON'T NEED TO USE BIG WORDS,
TRY TO BE FUNNY OR SAY A SPECIFIC PRAYER PERFECTLY
IN ORDER FOR GOD TO LISTEN TO YOU.

HERE'S WHAT YOUR PRAYER SHOULD INCLUDE:

- ★ praising God
- ★ thanking God for all your blessings
- ★ asking forgiveness for your wrongdoings
- ★ asking for wisdom, protection and guidance for yourself,
and also for other people
- ★ asking for blessings (like food to eat every day)

Be quiet AND TRY TO **HEAR**
GOD *speaking* TO YOU.

A HELPFUL METHOD WHEN YOU PRAY

INTERCESSION

EPHESIANS 6:18-19

Pray for others.
Pray for the salvation of your
loved ones and friends.
Pray for church growth.

CONFESSION

1 JOHN 1:9

Confess your
weaknesses and sin
to God and ask
him to forgive you.

THANKSGIVING

EPHESIANS 5:20

Thank God for what
he has done for
you, your family
and church.

PETITION

1 SAMUEL 1:27

Ask God for peace
and for your
daily needs.

PRAISE

PSALM 146:1-2

Meditate on
God's attributes
& praise him
for who he is.

