



**THIS BOOK BELONGS TO**

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**DATE**

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# THE BIBLE STUDY COLLECTIVE

Welcome to *Psalms: An All-in-One Bible Study*, a collection of 30 select psalms and guidance and encouragement for digging into them yourself.

The book of Psalms has been called the “hymnbook” of the Old Testament. It is composed of 150 writings by a variety of authors. Almost half of the psalms (seventy-three) are attributed to David, with others coming from Asaph (including his descendants, one of the clans of Levites assigned to oversee the music ministry of the temple), the sons of Korah, Solomon, Moses, Heman, and Ethan. Forty-nine of the psalms have no designated author.

Each study in this guide includes an introduction of the particular psalm on the first page, followed by the full text of the psalm on the next page. The third through the fifth pages of each study highlight the three steps of what is called the “inductive method” of Bible study: observation, interpretation, and application. Here’s how it works:

- **Observation** answers the question, “What does it say?” In other words, what is the actual content in the text?
- **Interpretation** answers the question, “What does it mean?” In this step, you’ll consider the author’s original intent and meaning.
- **Finally**, application answers the questions, “What does it mean to you—and how can you apply it to your life?”

Each study in this guide ends with a select verse (or verses) from the psalm you’ve just studied, as well as related scriptures, for memorization and meditation.

Our prayer is that *Psalms: An All-in-One Bible Study* will help you to better understand God’s Word, and to apply its timeless truth to your own life of faith in the Lord Jesus Christ.

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# Study 1

## PSALM 1

Psalm 1 serves as an introduction to the entire book of Psalms, and it sets the tone for the rest of the book. Psalm 1:1, and therefore the entire book, begins with the words, “Blessed is the man” (or woman!) showing us that this psalm addresses this all-important question: How can one be happy and blessed in this life?

Psalm 1 is called a “wisdom psalm” because it teaches the Christ follower that her own happiness comes largely as a result of a decision to faithfully follow God’s direction for life. It teaches that choosing the right way leads to God’s blessings, while choosing the wrong way leads to despair and misery.

Throughout scripture God calls His people to set their standards higher than those of the world. People who commit themselves to Him and are obedient to His life instructions are promised rewards; those who reject Him can expect judgment.

### PSALM 1 OUTLINE

- (VERSE 1) What a blessed/righteous person does not do
- (VERSE 2) What the righteous person does: loves and meditates on the Word of God
- (VERSE 3) The blessings of loving God and His Word
- (VERSE 4) The life of the ungodly
- (VERSE 5) The ungodly will not share in the future/eternal blessings
- (VERSE 6) The way of those who love God and His Word. . . and those who don’t

<sup>1</sup>Blessed is the man who does not walk in the counsel of the ungodly or stand in the way of sinners or sit in the seat of the scornful.

<sup>2</sup>But his delight is in the law of the LORD, and on His law he meditates day and night.

<sup>3</sup>And he shall be like a tree planted by the rivers of water that brings forth its fruit in its season. His leaf also shall not wither, and whatever he does shall prosper.

<sup>4</sup>The ungodly are not so but are like the chaff that the wind drives away.

<sup>5</sup>Therefore the ungodly shall not stand in the judgment nor sinners in the congregation of the righteous.

<sup>6</sup>For the LORD knows the way of the righteous, but the way of the ungodly shall perish.

# Observe

What does Psalm 1 say about the requirements for living a blessed life?

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Why is it so important to avoid ungodly influences?

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In what should believers delight so they may be blessed?

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