



**SPEAK  
THE  
BLESSING**

**LARGE  
PRINT**

**SEND YOUR WORDS  
IN THE DIRECTION  
YOU WANT YOUR  
LIFE TO GO**

**JOEL  
OSTEEN**

**#1 NEW YORK TIMES BESTSELLING AUTHOR**

# Speak the Blessing

*Send Your Words  
in the Direction You Want  
Your Life to Go*

JOEL OSTEEN



LARGE  PRINT

Copyright © 2024 by Joel Osteen

Cover design by Micah Kandros  
Cover copyright © 2024 by Hachette Book Group, Inc.

Hachette Book Group supports the right to free expression and the value of copyright. The purpose of copyright is to encourage writers and artists to produce the creative works that enrich our culture.

The scanning, uploading, and distribution of this book without permission is a theft of the author's intellectual property. If you would like permission to use material from the book (other than for review purposes), please contact [permissions@hbgusa.com](mailto:permissions@hbgusa.com). Thank you for your support of the author's rights.

FaithWords  
Hachette Book Group  
1290 Avenue of the Americas, New York, NY 10104  
[faithwords.com](http://faithwords.com)  
[X.com/faithwords](https://x.com/faithwords)

First Edition: April 2024

FaithWords is a division of Hachette Book Group, Inc. The FaithWords name and logo are trademarks of Hachette Book Group, Inc.

The publisher is not responsible for websites (or their content) that are not owned by the publisher.

The Hachette Speakers Bureau provides a wide range of authors for speaking events. To find out more, go to [hachettespeakersbureau.com](http://hachettespeakersbureau.com) or email [HachetteSpeakers@hbgusa.com](mailto:HachetteSpeakers@hbgusa.com).

FaithWords books may be purchased in bulk for business, educational, or promotional use. For information, please contact your local bookseller or the Hachette Book Group Special Markets Department at [special.markets@hbgusa.com](mailto:special.markets@hbgusa.com).

Library of Congress Cataloging-in-Publication Data

Names: Osteen, Joel, author.

Title: Speak the blessing : send your words in the direction you want your life to go / Joel Osteen.

Description: First edition. | Nashville : FaithWords, 2024.

Identifiers: LCCN 2023041041 | ISBN 9781546005117 (hardcover) | ISBN 9781546006817 (large print) | ISBN 9781546005131 (ebook)

Subjects: LCSH: Conversation—Religious aspects—Christianity. | Interpersonal communication—Religious aspects—Christianity. | Praise—Religious aspects—Christianity. | Self-talk—Religious aspects—Christianity.

Classification: LCC BV4597.53.C64 O88 2024 | DDC 241/.672—dc23/eng/20231010

LC record available at <https://lcn.loc.gov/2023041041>

ISBN: 9781546005117 (hardcover), 9781546006817 (large print), 9781546005131 (ebook)

Printed in the United States of America

LSC

10 9 8 7 6 5 4 3 2 1

# Contents

INTRODUCTION	<i>xi</i>
CHAPTER ONE	
<i>Miracles in Your Mouth</i>	I
CHAPTER TWO	
<i>Declare It</i>	31
CHAPTER THREE	
<i>Tell Yourself a New Story</i>	61
CHAPTER FOUR	
<i>“You Promised”</i>	89
CHAPTER FIVE	
<i>Kind Words Work Wonders</i>	119
CHAPTER SIX	
<i>Your Words Become Your Reality</i>	149
CHAPTER SEVEN	
<i>An Atmosphere of Praise</i>	177

CHAPTER ONE

---

*Miracles in Your Mouth*

Get your heart and your words  
going in the right direction and  
just dare to say what God says  
about you.

Our words have creative power. When we speak something out, we're giving it the right to come to pass. It's one thing to believe you're healed, but when you say "I am healed," that's what releases the healing. It's not enough to just believe you have favor, believe that you're blessed, believe that you're going to fulfill your dreams. The Scripture says that the spirit of faith is in your words. When you say, "I am blessed. I have favor. I am coming out of debt," angels go to work, good breaks will find you, and the right people will track you down. You can think positively, you can believe that you will receive favor, you can pray for God's blessings, and that's all good. But nothing happens until you speak the blessing. The miracle is in your mouth. There is healing in your mouth, there is freedom in your mouth, and there are new levels in your mouth.

If you're fighting a sickness, it's easy to talk about the medical report and how bad it

---

*Nothing happens  
until you speak  
the blessing.*

---

looks. “I don’t think I’ll ever get well.” When you speak that out, you’re calling in more defeat, more sickness. You need to change what you’re saying. The Scripture says, “Let the weak say, ‘I am strong.’” It doesn’t say, “Let the weak talk about the weakness. Let the weak call five friends and discuss the problem.” That’s giving life to the negative. I’m not asking you to deny the facts of the sickness, but just say what God says about you. Your report should be: “God is restoring health to me. He will fulfill the number of my days.”

My mother wouldn’t be alive today, after being diagnosed with terminal liver cancer in 1981, if she had not done this. It’s not enough to just not say anything negative about it. That’s good, but you have to be on the offensive. All through the day I would hear her quoting scriptures. When someone asked how she was doing, it was never a sad song. “Poor

old me. It's hard. I don't understand it." Her report was: "I am healed. With long life, God will satisfy me. What He started in my life, He's going to finish." She didn't feel healed, and her circumstances didn't look any different. She felt weak, but she said, "I am strong." The medical report said she was done, but she said, "I will live and not die." She got in agreement with God and released the miracle in her mouth. Forty-three years later, she's still alive and healthy.

Are there miracles in your mouth waiting to be released? "Joel, \_\_\_\_\_ when I get free from this addiction, I'll tell people I'm free." You have to tell them first. You need to declare every day, "I am free. I am clean. This addiction doesn't control me." You may say, "That's not telling the truth." No, that's the weak saying, "I am strong." You have to release the miracle.

---

*Are there miracles  
in your mouth  
waiting to be  
released?*

---

When you say, “I am free,” chains are broken in the unseen realm, strongholds are loosed. Freedom starts heading your way. You keep speaking it, and you will become what you’re saying. You are prophesying your future. Listen to the words coming out of your mouth.

### SPEAK TO YOUR GIANT

When David faced Goliath, a giant twice his size, it wasn’t a coincidence that David looked at him and said, “This day I will strike you down and cut off your head.” He wasn’t just being positive, and he wasn’t just talking smack. He understood this principle that the miracle was in his mouth. He had to release the victory. What would have happened if David had said, “Wow! I thought I wanted to fight him, but look how big he is. I don’t have any armor, and I don’t feel qualified. I don’t have a chance”? If he had talked defeat,

we wouldn't know who David was. If he had just thought positively, *I can do this. I know I have what it takes*, he wouldn't have defeated Goliath. David knew the miracle was in his mouth, so he spoke it out. "I will defeat you." You may have a giant in your path, a giant of debt, a giant of sickness, a giant of depression. You need to announce to that giant: "I will defeat you. You are not going to keep me from my destiny. The forces for me are greater than the forces trying to stop me."

The Scripture says, "If two of you agree about anything you ask for according to God's will, it will be done for them." There's power in agreement. What's interesting is that David didn't have anyone to agree with him. His brothers looked down on him and thought he was too small. His father saw him as less-than and didn't bring him into the house when the prophet Samuel was choosing one of his sons as the next king of Israel. King Saul didn't think David had a chance. He tried to give

---

*There is power  
when you come  
into agreement with  
yourself, when you  
get your heart and  
mouth in agreement  
and start speaking  
the blessing.*

---

David his armor to at least make it a little less painful. Nobody was there to encourage him and say, “David, you can do this. We’re behind you. We know you have what it takes.” As with David, there are times when you can’t find anyone to agree with you. But I’ve learned that there is power when you come into agreement with yourself, when you get your heart and mouth in agreement and start speaking the blessing, start declaring that you are well able, that you have the victory, that you will defeat an addiction. Then even if others don’t agree with you, because you’re in agreement with yourself, you will see giants defeated and accomplish dreams that others thought were impossible.

Quit being discouraged because nobody is cheering you on and nobody sees what you see. Sometimes God puts things in your heart that others can't understand. It seems too big and impossible. Instead of encouraging you, they do just the opposite. "You think you can defeat that cancer. I don't know. Your grandmother died of the same thing." "After all these years, you still think you're going to have a baby. You're kind of getting up there in years." "Do you really think you're going to start an orphanage, or write a book, or lead your department, or move into a nice neighborhood? I just don't see it." The good news is, they don't have to see it. You don't need them to agree with you. Come into agreement with yourself. Get your heart and words going in the right direction. Start talking like it's going to happen. You have to say it before you'll see it.

---

*You have to say it  
before you'll see it.*

---

## DARE TO DECLARE WHAT GOD PUT IN YOUR HEART

When David went out to face Goliath, all the soldiers in the Israeli and the Philistine armies were watching. All they saw was a small teenager who looked like a boy, with no military training, no experience, and no armor. Yet in front of them all, David had the audacity to say with confidence, “Goliath, I will defeat you.” Some of the soldiers ridiculed and made fun of him. The Scripture says that Goliath looked on David with contempt and said, “Am I a dog that you come at me with sticks, sending this little boy? Is this all you’ve got?” Sometimes people around you won’t see the greatness in you. They’ll judge you by the outside, by your size, your background, your experience, your nationality. Don’t let them talk you out of what God put in your heart. They don’t have to agree with you. Do as David did and speak the victory in spite of what the naysayers think. Declare your vision in spite of what the

experts are telling you. People don't determine your destiny. They don't know what God put in you. Don't let their negative words keep you from speaking positive, faith-filled words.

When we were trying to acquire the former Compaq Center for our church facility, it was like David versus Goliath. The company that we were up against was the largest taxpayer in Texas, a huge real estate company. There were a lot of people who didn't think we had a chance. It wasn't just the critics, but even some of the experts. Deep down I knew God put this in my heart. I knew it wasn't enough to just believe that it was going to happen. Faith is released when we speak it out. So I announced to the

congregation that we were going to purchase the Compaq Center. Over the next three years,

---

*Faith is released  
when we speak  
it out.*

---

there was all kinds of opposition and many times when it looked as though it would never

work out. I was tempted to talk about what I saw. “Our opponents are so strong. They have more funds and influence. I don’t see how it’s going to happen.” But I understood this principle: We give life to whatever we speak out. If you start speaking negatively, agreeing with the doubt, talking about how big the problem is, then you’re giving life to the wrong things. Your words can keep you from your destiny.

In the Scripture, an angel told a priest named Zechariah that his wife, Elizabeth, was going to have a son and to call him John. Zechariah was surprised because they were too old to have children. He said, “Are you sure this is going to happen? Do you see how old we are?” The angel said, “Yes, Zechariah, it’s going to happen. But because you doubted, you will remain silent and not be able to speak until the baby is born.” That’s how powerful words are. God knew that if Zechariah went around speaking defeat and saying, “We’re too old. This doesn’t seem possible,” that would stop the promise.

God has spoken promises to your spirit that may seem too big and impossible. You don't have the connections, the experience, or the funds. Don't do as Zechariah and start to talk yourself out of the miracle. Get in agreement with God. Dare to declare what He put in your heart. You may be facing an illness, with no signs of you getting well. You're right where Zechariah was. "How can I be healed? The medical report says there's no way." God has done His part;

now it's up to you. Are you going to give life to defeat and doubt and talk about how you'll never get well, or are

---

*Are you going to give  
life to defeat and  
doubt and talk about  
how you'll never get  
well, or are you going  
to release the miracle?*

---

you going to release the miracle? "Lord, thank You that You are my healer. You can do what medicine can't do." Maybe your dream looks impossible, and the promise God whispered

to your spirit seems so unlikely. The odds are against you. It's easy to be negative and dismiss it. "It will never happen." Turn it around. "Father, thank You that You're opening doors that no man can shut. Thank You for putting me at the right place. Thank You that what You promised is on the way."

### EAT THE FRUIT OF YOUR WORDS

There will be times when you're saying the right things, speaking faith, but nothing is improving. There's no sign of things changing. The Scripture says, "Hold fast the profession of your faith." It implies that something is trying to take it away. It's like a tug-of-war. The enemy is on the other side trying to pull

---

***"Hold fast the  
profession of your  
faith."***

---

away what God put in your heart. You may have had a sickness for a long time, but hold fast

your profession. Don't get talked out of it. Keep speaking healing. Keep declaring, "I am healthy. I am whole." If you're in debt, keep talking about abundance. If you're in a season of trouble, keep talking about favor. If you have an addiction, keep talking about freedom. Every time you declare victory, the miracle is getting a little closer. Every time you say, "I am healed," you're moving toward healing. Every time you say, "I am blessed," you're moving toward increase and promotion. Every time you say, "I am free. I am not going to stay bound by this addiction, or by this anger, or by this alcohol," you're moving toward freedom, wholeness, and breakthroughs. It may not have happened yet, but keep releasing the miracle. Hold fast your profession.

Words are like seeds. Every time you say them, they're taking root and growing. The Scripture says, "You will eat the fruit of your words." Fruit is not fully developed overnight. It may take a little time, but you will become what you're saying. Are you planting good seeds? Are

---

*Are you speaking  
faith-filled words  
of blessing  
over yourself, over  
your children,  
your health, your  
finances?*

---

you speaking faith-filled words of blessing over yourself, over your children, your health, your finances? There are miracles in your mouth.

When all the odds were against us getting the Compaq Center, I just kept declaring, “That facility is ours. God is fighting our battles.” I told the congregation, “It won’t be long until we’re in our new facility.” One man came up after a service and said, “I’ve been out of town and didn’t know the deal for the Compaq Center had gone through. Congratulations!” I said, “Well, it hasn’t gone through yet officially, but I know it’s just a matter of time.” You have to talk like it’s already happened. Rather than say, “I’m going to be healed one day,” say, “Lord, thank You that I am healed.” Rather than say, “One day I’m going to be blessed,” say, “I am blessed. I am favored. I am

prosperous.” There may not be any sign of it, but this is what faith is all about. You have to release the miracle in your mouth.

“Joel, this sounds good, but I’m struggling. I can’t seem to get ahead.” Change what you’re saying. You’re putting out the wrong seeds. The fruit of those words is lack, not enough, and mediocrity. You have to start declaring, “I am surrounded by favor. Goodness and mercy follow me all the days of my life. Promotion is looking for me. Good breaks are on the way. I’m excited about my future.” If you do that, get ready for doors to open that you couldn’t open. Get ready for a Compaq Center to come across your path. Get ready for God to show out in your life.

## CONTINUALLY SPEAK THE PROMISES

Psalm 35 says, “Let them continually say, ‘Let the Lord be magnified, who takes pleasure in

the prosperity of His children.’” They were supposed to go around continually saying that. It seems as though if they said it once that would be enough. But something powerful happens when you don’t go through life talking about how you never get any good breaks, how your back will probably never stop hurting, and you can’t seem to get ahead. Instead, all through the day you’re saying, “God takes pleasure in prospering me. New doors are opening. My health is improving, and I am strong and energetic. My children are mighty in the land. As for me and my house, we will serve the Lord.” When you continually talk like that, you are releasing miracles.

Joseph was the prime minister of Egypt for many years. When he was about to die, he made his family promise that they would take his body out of Egypt and bury him in the Promised Land. The Scripture says, “Joseph was so sure God was going to bring the Israelites out of Egypt, he confidently spoke of it,” which was hundreds of years before it happened. As

with Joseph, there should be things God puts in your heart that you confidently speak about

---

*There should be things  
God puts in your heart  
that you confidently  
speak about before  
they happen.*

---

before they happen. There's no sign, no reason, but deep down in your spirit, you know that you're going to accomplish a dream. You know that your family is going to be restored. You know that you're going to meet the right person. Now do your part and confidently speak of it before it happens—not after, not when things begin to improve, not when you get the promotion. When there's no sign of it happening, release the miracle. It's in your mouth.

Psalm 91 says, "I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.'" Then it gives a list of the great things that will happen. God will shield you from evil. He will rescue you from every trap.

He will protect you from enemies. But seven verses later, it puts a condition on it. “If you say, ‘The Lord is my refuge,’ and make the Most High your dwelling, no harm will overtake you. For He will give his angels charge over you to guard you in all your ways.” It doesn’t say, “If you believe He’s your refuge” or “If you think He’s your shield.” No, something supernatural happens when you say it. “God, thank You that You’re my protector. Thank You that You’re my provider, my healer, my way maker. Thank You that You’re bigger than what I’m facing. Thank You that You’re bringing my dreams to pass.” When you say it, the Creator of the universe goes to work.

Words are powerful. A teenage girl named Mary became pregnant, not by a man, but by a word from God. An angel appeared to her and said, “Mary, you are highly favored. You will conceive and give birth to a son without knowing a man. He will be the Messiah, the Son of the Most High.” When God wants to create, He doesn’t use material things. He

uses words. Mary could have said to the angel, “That’s impossible. That’s never happened

---

*When God puts  
a promise in your  
heart, just agree.*

---

before.” Instead she said, “Be it unto me even as you have said.” She got in agreement with God. She used her words to confirm what she heard, not to debate what she heard. When God puts a promise in your heart, just agree. The Scripture says, “By His stripes you are healed.” Don’t debate it. “I don’t feel healed. My back is still sore.” Just agree. “Lord, thank You that I am healed. Be it unto me even as You have said.”

God says that when you keep Him first place, “You will lend and not borrow. You will be above and not beneath. Whatever you touch will prosper and succeed.” Don’t debate it. “I can’t seem to get ahead. I’ve always struggled. My boss doesn’t like me.” Turn it around and say, “Father, thank You that I am prosperous. Thank You that I have more than enough.”

Thank You that I am blessed so I can be a blessing.” It’s not complicated. Just agree with

---

*You can’t talk  
defeat and have  
victory.*

---

God. You can’t talk defeat and have victory. You can’t talk lack and have abundance. You can’t talk sickness and have

health. The miracle is in your mouth. Get in a habit of speaking faith-filled words, declaring victory and abundance over your future.

## GET INTO AGREEMENT WITH GOD

Genesis 1 is the story of creation. It says that when the Earth was without form and void, “God said, ‘Let there be light,’ and there was light.” This happened on the first day of creation. But it wasn’t until the fourth day that God created the sun and moon. That means for three days, whether it was a literal day or a day was a thousand years, there was light

without the sun or the moon. When God speaks, His words are so powerful that things happen for which there is no explanation. How can you have light when there's

---

***When God speaks, His words are so powerful that things happen for which there is no explanation.***

---

no sun as the source? God is supernatural. When He speaks things over you, there may not be an explanation. Back in 1981, the medical report said my mother had no chance to live. But God says, "You will live and not die." God has the final say. Medically speaking, it can't be explained. The only explanation is that we serve a God who is all-powerful.

Sometimes God will speak things into your spirit that don't make sense. Your mind will tell you, *There's no way. You could never reach that level. You could never be that blessed.* Do as Mary did and get in agreement with God. He can give you light without the sun. He can

give you water without rain. He can give you healing when there's no source or explanation in the natural. If you agree with your spirit and declare what God says about you, and not what your mind thinks, then God will do things that are unusual, out of the ordinary. You'll see promotion, increase, healing, and breakthroughs that you can't explain. It's God giving you light without a sun. It's God making things happen that no one thought could happen.

Stay in agreement with God. Don't talk yourself out of it; talk yourself into it. It seems impossible, but join Mary and say, "God, be it unto me even as You have said." Jesus' words caused Lazarus, a dead man, to come back to life. God's words stopped the sun for Joshua. His words parted the Red Sea for the Israelites. His words caused leprosy to disappear and bodies to be healed. His words opened prison doors for the apostle Paul and Silas. His words are going to take you further than you've imagined. His words are about to break

chains that have held you back, bring new opportunities, thrust you to levels you've never dreamed.

---

*His words are about to break chains that have held you back, bring new opportunities, thrust you to levels you've never dreamed.*

---

## SPEAK TO THE ROCK

When the Israelites were headed to the Promised Land, they were in the desert with no water to drink. God told Moses to take his staff and strike a rock. When he did, water came gushing out. There was no explanation for how it happened. They were in the middle of the desert, and suddenly there was an abundance of fresh, cool water, coming out of a rock. The people were so thrilled. Thirty-nine years later, the Israelites were still in the desert and facing the same situation—no water. This

time God told Moses to speak to the rock. However, Moses took his staff out and did it the old way. He struck the rock twice, and water came out. But God said that because Moses didn't obey, because he struck it and didn't speak to it, he would not be allowed to go into the Promised Land.

These two events are symbolic. The first time, when God told Moses to strike the rock, represents the old covenant. It meant keeping all the laws, sacrificing animals over and over to cover the people's sins, working for God's goodness. If they didn't perform all the requirements, they wouldn't be blessed. The second

---

*Jesus is the rock  
from which the  
water of life flows  
out—salvation,  
healing, freedom,  
and abundance.*

---

time, when God told Moses to speak to the rock, represents the new covenant that we have received. Jesus is the rock from which the water of life flows

out—salvation, healing, freedom, and abundance. In this symbolism, Moses didn't have to strike the rock again because Jesus would be crucified for our sins. After Moses struck it twice, God was saying, "No, the price is going to be paid. Jesus will be crucified." Now we don't have to work for our salvation, try to be good enough, and earn God's love and forgiveness. This new covenant is not based on works; it's based on grace.

You don't have to strike the rock; just speak to the rock. Declare your healing, declare your freedom, declare your dreams are coming to pass. Jesus says, "If you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you." He ties nothing being impossible to speaking to a mountain. Are you living under the old covenant, thinking you have to strike the rock and make everything happen in your own strength? We're living under a better covenant.

Under this new covenant, all you have to do is speak. Speak to the sickness, speak to the depression, speak to the dreams God put in your heart.

Maybe you've been working hard, doing all you can to keep things going. Your heart is to be your best, but it's a struggle. If you start speaking to the things that are stressing you, you're going to come into an anointing of ease where you see the water flow without all the work. Don't do as Moses did and keep striking. God is saying, "I've paid the price. Speak to it." Declare favor, declare you are blessed, declare God's goodness. Those things that are hindering you will begin to supernaturally turn around. Situations where you worked hard and couldn't make it change are going to suddenly improve. What God put in your heart is en route. Ease is coming, favor is coming; increase, breakthroughs, creativity, and ideas. You are close to your miracle. Things you've been believing for—buildings, businesses, contracts, houses—are on the

way. Speak to the unborn promises in your spirit, the dreams you think are dead. A birth is in your future. New opportunities, new relationships, and new levels are on the way.

---

*Speak to the unborn promises in your spirit, the dreams you think are dead. A birth is in your future.*

---

The miracle is in your mouth. Get in agreement with God and declare what He put in your heart. Let me help you get started. Speak these words out: “I am blessed. I am prosperous. I am forgiven. I am healthy. I am free. I have the favor of God. My children are mighty in the land. My family will fulfill our destiny. Dreams are coming to pass. Problems are turning around. New doors are opening. I’m excited about my future. I will become all God created me to be.”