



A
peaceful
HEART LEADS
TO A
healthy
BODY.

PROVERBS 14:30

- ¹⁵ My child, don't go along with them!
Stay far away from their paths.
- ¹⁶ They rush to commit evil deeds.
They hurry to commit murder.
- ¹⁷ If a bird sees a trap being set,
it knows to stay away.
- ¹⁸ But these people set an ambush for themselves;
they are trying to get themselves killed.
- ¹⁹ Such is the fate of all who are greedy for money;
it robs them of life.

Wisdom Shouts in the Streets

- ²⁰ Wisdom shouts in the streets.
She cries out in the public square.
- ²¹ She calls to the crowds along the main street,
to those gathered in front of the city gate:
- ²² "How long, you simpletons,
will you insist on being simpleminded?
How long will you mockers relish your mocking?
How long will you fools hate knowledge?"
- ²³ *Come and listen to my counsel.*
I'll share my heart with you
and make you wise.
- ²⁴ "I called you so often, but you wouldn't come.
I reached out to you, but you paid no attention.
- ²⁵ You ignored my advice
and rejected the correction I offered.
- ²⁶ So I will laugh when you are in trouble!
I will mock you when disaster overtakes you—
- ²⁷ when calamity overtakes you like a storm,
when disaster engulfs you like a cyclone,
and anguish and distress overwhelm you.
- ²⁸ "When they cry for help, I will not answer.
Though they anxiously search for me, they will not
find me.
- ²⁹ For they hated knowledge
and chose not to fear the LORD.
- ³⁰ They rejected my advice
and paid no attention when I corrected them.
- ³¹ Therefore, they must eat the bitter fruit of living their own way,
choking on their own schemes.
- ³² For simpletons turn away from me—to death.
Fools are destroyed by their own complacency.
- ³³ But all who *listen* to me will
live in peace,
untroubled by fear of harm."

The Benefits of Wisdom

- 2**¹ My child, listen to what I say,
and treasure my commands.
² Tune your ears to wisdom,
and concentrate on understanding.
³ Cry out for insight,
and ask for understanding.
⁴ Search for them as you would for silver;
seek them like hidden treasures.
⁵ Then you will understand what it means to fear the LORD,
and you will gain knowledge of God.

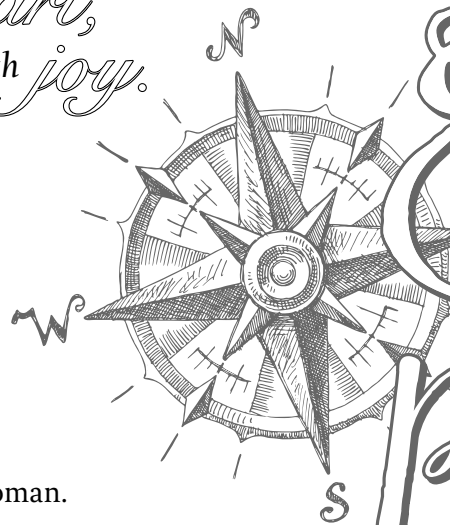
⁶ *For the LORD grants wisdom!*
From his mouth come
knowledge and understanding.

- ⁷ He grants a treasure of common sense to the honest.
He is a shield to those who walk with integrity.
⁸ He guards the paths of the just
and protects those who are faithful to him.
⁹ Then you will understand what is right, just, and fair,
and you will find the right way to go.

¹⁰ *For wisdom will enter your heart,*
and *knowledge will fill you with joy.*

- ¹¹ Wise choices will watch over you.
Understanding will keep you safe.
¹² Wisdom will save you from evil people,
from those whose words are twisted.
¹³ These men turn from the right way
to walk down dark paths.
¹⁴ They take pleasure in doing wrong,
and they enjoy the twisted ways of evil.
¹⁵ Their actions are crooked,
and their ways are wrong.
¹⁶ Wisdom will save you from the immoral woman,
from the seductive words of the promiscuous woman.
¹⁷ She has abandoned her husband
and ignores the covenant she made before God.
¹⁸ Entering her house leads to death;
it is the road to the grave.
¹⁹ The man who visits her is doomed.
He will never reach the paths of life.

²⁰ *So follow the steps of the good,*
and stay on *the paths of the righteous.*



So follow the
steps of the
GOOD,
stay on the
paths
of the
RIGHTNEOUS.

Proverbs 2:20

²¹ For only the *godly will live* in the land,
and those with *integrity* will remain in it.

²² But the wicked will be removed from the land,
and the treacherous will be uprooted.

Trusting in the LORD

3 ¹ My child, never forget the things I have taught you.
Store my commands in your heart.

² If you do this, you will live many years,
and your life will be satisfying.

³ Never let *loyalty and kindness* leave you!
Tie them around your neck as a *reminder*.
Write them deep within your *heart*.

⁴ Then you will find favor with both God and people,
and you will earn a good reputation.

⁵ *Trust in the LORD* with all your *heart*;
do not depend on your own *understanding*.

⁶ Seek his will in all you do,
and he will show you which path to take.

⁷ Don't be impressed with your own wisdom.
Instead, fear the LORD and turn away from evil.

⁸ Then you will have healing for your body
and strength for your bones.

⁹ Honor the LORD with your wealth
and with the best part of everything you produce.

¹⁰ Then he will fill your barns with grain,
and your vats will overflow with good wine.

¹¹ My child, don't reject the LORD's discipline,
and don't be upset when he corrects you.

¹² For the LORD corrects those he loves,
just as a father corrects a child in whom he delights.

¹³ Joyful is the person who finds wisdom,
the one who gains understanding.

¹⁴ For wisdom is more profitable than silver,
and her wages are better than gold.

¹⁵ Wisdom is more precious than rubies;
nothing you desire can compare with her.

¹⁶ She offers you long life in her right hand,
and riches and honor in her left.

¹⁷ She will guide you down delightful paths;
all her ways are satisfying.



TRUST
in the
LORD

with all your heart;
do not depend on your own
understanding.

SEEK HIS WILL IN ALL YOU DO,

& HE WILL
show you which path to take.

Proverbs 3:5-6