

BE

MATURE

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MATURE

GROWING UP IN CHRIST

NT COMMENTARY

JAMES

Warren W. Wiersbe

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BE MATURE
Published by David C Cook
4050 Lee Vance View
Colorado Springs, CO 80918 U.S.A.

David C Cook Distribution Canada
55 Woodslee Avenue, Paris, Ontario, Canada N3L 3E5

David C Cook U.K., Kingsway Communications
Eastbourne, East Sussex BN23 6NT, England

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LCCN 2008924754
ISBN 978-1-4347-6845-2
eISBN 978-1-4347-6586-4

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First edition of *Be Mature* by Warren W. Wiersbe published by Victor Books®
in 1978 © Warren W. Wiersbe, ISBN 978-0-89693-754-3

The Team: Gudmund Lee, Amy Kiechlin, Jack Campbell, and Susan Vannaman
Series Cover Design: John Hamilton Design
Cover Photo: iStockPhoto

Printed in the United States of America
Second Edition 2008

11 12 13 14 15 16 17 18 19 20 21

021716

*Dedicated with love and appreciation to some pastor friends who
have been a help and an encouragement to me:*

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THE BIG IDEA

An Introduction to *Be Mature*
by Ken Baugh

Did you know that every carpenter and construction worker has one primary tool that they use more than any other? They use it dozens of times a day and would be lost without it. This tool doesn't require electricity or batteries for it to work, it's not sharp like a saw, and requires very little effort to use. Have you guessed what it is yet? It's a *tape measure*. I'm a carpenter myself and have experience building furniture, framing, and remodeling houses, and I have even built a photography studio, so I know firsthand the importance of a tape measure. Without this simple little tool, you wouldn't be able to make exact cuts—people would have to estimate and make trial cuts that might be close, but never exact. To build anything with any precision requires some type of measuring device like a tape measure.

Did you know that God is a construction worker also? Right now He is building you into the person He wants you to be, using the mold of His Son, Jesus Christ. The theological word for this process is *sanctification*. Others might also refer to this process as “spiritual formation,” and that phrase is okay too, but it can be a bit dangerous these days when almost any belief can fall into the category of “spiritual.” Therefore, I prefer to use the phrase “Christ-formation” so there is no confusion about the goal of the process. In fact, I believe that Christ-formation is God's primary goal for our

lives as His followers, and we see this emphasized over and over again in Scripture: God wants us to be transformed into the image of His Son.

For example, Paul refers to the Christians in Galatia as, “My dear children, for whom I am again in the pains of childbirth until *Christ is formed in you ...*” (Gal. 4:19 NIV). This verse clearly implies this expectation of Christ-formation. Then in 2 Corinthians 3:18 (NIV), Paul emphasizes this fact again by saying, “And we, who with unveiled faces all reflect the Lord’s glory, are being *transformed* into his likeness.” Christ-formation is God’s ultimate goal for every follower of Christ—that slowly, over time, we will begin to think like Jesus, see things as Jesus would see them, and treat people the same as Jesus would treat them. Now don’t get me wrong, I don’t think that any human being in this life will ever become fully transformed—that won’t happen until we get to heaven. But this transformation process *is* supposed to be progressive, meaning that every day we should be more like Jesus than we were yesterday. So here’s my question: If God wants us to become more and more like Jesus, which He clearly does, how does this happen? The answer is simple: Scripture. God uses Scripture as a tape measure for the Christ-formation process. The apostle Paul outlines this for us in Romans 12:2: “Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.” Let me briefly unpack what Paul means here.

When Paul tells us not to “*conform any longer to the pattern of this world,*” he is assuming that we *are* conforming, and he is commanding us to stop. The phrase “be transformed” is an imperative in the Greek text, which means that it is a command. Now, it wouldn’t make sense for Paul to command us to do something that we couldn’t do, would it? Of course not. Therefore, there must be something that we are able to do that facilitates this Christ-formation process. What is it, you ask? Simply this: to study, meditate, memorize, and apply God’s Word to our lives.

Think of it like this: Bible study is kind of like going to the gym and working out. When you study your Bible, you are exercising spiritually. We see this analogy over and over again in Scripture. Paul told Timothy: “Spend your time and energy in the exercise of keeping *spiritually fit*” (1 Tim. 4:7 TLB). The Greek word used here for “spiritually fit” is *gymnasia*, which is obviously where we get our English word *gymnasium*. Paul is telling Timothy to exercise himself spiritually, the implication being that spiritual exercise will help him grow strong in his faith and character. Paul goes on to say in verse 8: “Bodily exercise is all right, but *spiritual exercise is much more important* and is a tonic for all you do. So *exercise yourself spiritually*, and practice being a better Christian because that will help you not only now in this life, but in the next life too” (TLB). Peter says the same thing: “... grow in spiritual strength and become better acquainted with our Lord and Savior Jesus Christ” (2 Peter 3:18 TLB).

Spiritual exercises need not be limited to Bible study, as you could also include prayer, fasting, solitude, silence, and a host of others. But the primary activity for transforming the mind is time spent in God’s Word. The bottom line is this: If you want to become more and more like Jesus Christ, study, meditate, memorize, and apply the Scriptures to your life. When you begin to take the initiative for this Christ-formation process in your own life, then you will know that you are on the path to spiritual maturity.

Now you might be wondering, what does all of this have to do with the book of James? Here it is: The central theme for the book of James is maturity. God wants us to grow up in our faith, and James tells us how to do it. In fact, about half of the verses in James contain verbs in the imperative form—these are not options, suggestions, or even good ideas, but requirements for Christlike living. For example: “*Consider* it pure joy, my brothers, whenever you face trials of many kinds” (1:2 NIV); “*Do not merely listen* to the word, and so deceive yourselves. *Do* what it says” (1:22 NIV);

“... *don't show favoritism*” (2:1 NIV); “*Submit yourselves, then, to God. Resist the devil ...*” (4:7 NIV); “*Humble yourselves before the Lord ...*” (4:10 NIV); “... *do not slander one another ...*” (4:11 NIV); “*Be patient, then, brothers, until the Lord's coming*” (5:7 NIV). The spiritually maturing person takes responsibility to read and follow these commands themselves—they don't need to be spoon fed what they are to do, and they don't blame others when they falter. So, if you want to become strong in your faith and more Christlike in your behavior, you need to take responsibility for your own spiritual growth.

Someone once asked Olympic swimming champion Mark Spitz how he won seven gold medals during the 1972 Summer Olympics. He said it was simple: “I just spent eight hours in the pool a day for four solid years.” I think it's easy to admire Olympic athletes as they are racking up their medals during the events. When they stand on the platform to receive their medals we cheer, but what we don't see is the daily routine that each of them had to commit to in order to become a champion. They had to make sacrifices, stay on strict diets, exercise constantly, and make their training a personal mission in life. As you grow and mature in your faith by reading and applying the Word of God to your life, it will have its affect in transforming you more and more into the person of Jesus Christ. And as you read and study through the book of James, let this book be the tape measure that you use to facilitate the exact cuts and changes in your life as you work out your salvation.

Dr. Wiersbe's commentaries have been a source of guidance and strength to me over the many years that I have been a pastor. His unique style is not overly academic, but theologically sound. He explains the deep truths of Scripture in a way that everyone can understand and apply. Whether you're

a Bible scholar or a brand-new believer in Christ, you will benefit, as I have, from Warren's insights. With your Bible in one hand and Dr. Wiersbe's commentary in the other, you will be able to accurately unpack the deep truths of God's Word and learn how to apply them to your life.

Drink deeply, my friend, of the truths of God's Word, for in them you will find Jesus Christ, and there is freedom, peace, assurance, and joy.

—Ken Baugh

Pastor of Coast Hills Community Church

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A WORD FROM THE AUTHOR

Not everybody who grows old, grows up. There is a vast difference between age and maturity. Ideally, the older we are, the more mature we should be; but too often the ideal does not become the real.

The result is problems—problems in personal lives, in homes, and in churches. As a pastor, I see more problems in these areas caused by immaturity than by anything else. If Christians would just grow up, they would become victors instead of victims.

The epistle of James was written to help us understand and attain spiritual maturity: "... that ye may be perfect and entire, wanting nothing" (James 1:4). I like the way J. B. Phillips puts it: "... and you will find you have become men of mature character, men of integrity with no weak spots."

I trust that these simple expository studies will help you reach that goal.

—Warren W. Wiersbe

A SUGGESTED OUTLINE OF THE BOOK OF JAMES

Theme: Spiritual maturity

Key verse: James 1:4

The Marks of the Mature Christian:

- I. He is patient in testing (James 1)
 - A. Trials on the outside (James 1:1–12)
 - B. Temptations on the inside (James 1:13–27)
- II. He practices the truth (James 2)
 - A. Faith and love (James 2:1–13)
 - B. Faith and works (James 2:14–26)
- III. He has power over his tongue (James 3)
 - A. Exhortation (James 3:1–2)
 - B. Illustrations (James 3:3–12)
 - C. Application (James 3:13–18)
- IV. He is a peacemaker, not a troublemaker (James 4)
 - A. Three wars (James 4:1–3)
 - B. Three enemies (James 4:4–7)
 - C. Three admonitions (James 4:8–17)
- V. He is prayerful in troubles (James 5)
 - A. Economic troubles (James 5:1–9)
 - B. Physical troubles (James 5:10–16)
 - C. National troubles (James 5:17–18)
 - D. Church troubles (James 5:19–20)

TIME TO GROW UP

(James 1:1)

Beginning a study of a book of the Bible is something like preparing for a trip: You like to know where you are going and what you can expect to see. When my wife and I were getting ready for our first visit to Great Britain, we spent many hours reading travel books and poring over maps. When we arrived there, we enjoyed the visit much more because we knew what we were looking for and how to find it.

Perhaps the best way to launch a study of the epistle of James is to answer four important questions.

1. WHO WAS JAMES?

“James, a servant of God and of the Lord Jesus Christ” (James 1:1a) is the way he introduced himself. It was a popular name, a form of the great Old Testament name “Jacob.” There were several men who bore this name in New Testament history.

James, the son of Zebedee and brother of John. He was one of the most prominent to bear the name. He was a fisherman called by Christ to follow and become a disciple (Matt. 4:17–22). He and his brother John were nicknamed by Christ “sons of thunder” because of their impulsiveness

(Mark 3:17; Luke 9:51–56). James was the first of the disciples to give his life for Christ. He was killed by Herod in AD 44 (Acts 12:1–2).

James, the son of Alphaeus. He was another of the disciples (Matt. 10:3; Acts 1:13), but very little is known about him. Matthew (Levi) is also identified as “the son of Alphaeus” (Mark 2:14), and some students conjecture that the two men might have been brothers. There is no indication that this James wrote the letter we are about to study.

James, the father of Judas the disciple. He is an even more obscure man (Luke 6:16, where “brother” ought to be “father”). This Judas was called “the son of James” to distinguish him from Judas Iscariot.

James, the brother of our Lord. He seems to be the most likely candidate for author of this letter. He does not identify himself in this way; humbly, he calls himself “a servant of God and of the Lord Jesus Christ.” That Jesus had brothers and sisters is stated in Matthew 13:55–56 and Mark 6:3, and one of His brothers was named James. (By “brother,” of course, I mean half-brother. Joseph was not our Lord’s father since Jesus was conceived by the Holy Spirit of God.)

James and the other brothers did not believe in Jesus during His earthly ministry (Mark 3:31–35; John 7:1–5). Yet we find our Lord’s brethren in the upper room praying with the disciples (Acts 1:14). What effected the change from unbelief to faith? First Corinthians 15:7 indicates that Jesus appeared to James after His resurrection! This convinced James that Jesus truly was the Savior, and he, in turn, shared this knowledge about Jesus with the other brothers.

James became the leader of the church in Jerusalem. Paul called him a pillar in Galatians 2:9. It was James who moderated the church conference described in Acts 15. When Peter was delivered from prison, he sent a special message to James (Acts 12:17); and when Paul visited Jerusalem, it was to James that he brought greetings and the special “love offering” from the Gentiles (Acts 21:18–19).

We have no record in the Bible, but tradition tells us that James was martyred in AD 62. The story is that the Pharisees in Jerusalem so hated James' testimony for Christ that they had him cast down from the temple and then beaten to death with clubs. The story also relates that James died, as did his Savior, praying for his murderers, "Father, forgive them, for they know not what they do."

What kind of a man was James? He must have been a deeply spiritual man to gain the leadership of the Jerusalem church in so short a time. His stature is seen in Acts 15, where he was able to permit all the factions to express themselves, and then bring peace by drawing a conclusion based on the Word of God. Paul, in 1 Corinthians 9:5, suggested that he was a married man. Again, tradition tells us that he was a man of prayer, and this explains the emphasis on prayer in his letter. It was said that he prayed so much, his knees were as hard as a camel's!

James was a Jew, reared in the tradition of the law of Moses, and his Jewish legalism stands out in his letter. (Note also Acts 21:18ff., where James asked Paul to help him pacify the Christian legalists in the Jerusalem church.) There are over fifty imperatives in the epistle of James. James did not suggest—he commanded! He quoted the Old Testament only five times, but there are many allusions to Old Testament passages in the letter.

While still an unbeliever, James must have paid attention to what Jesus taught; in his letter there are numerous allusions to our Lord's sayings, particularly the Sermon on the Mount. Compare these passages:

- James 1:2—Matthew 5:10–12
- James 1:4—Matthew 5:48
- James 1:5—Matthew 7:7–12
- James 1:22—Matthew 7:21–27
- James 4:11–12—Matthew 7:1–5
- James 5:1–3—Matthew 6:19–21

Keep in mind that James led the church in Jerusalem during a very difficult time. It was a time of transition, and such times are always upsetting and demanding. There were many Christian Jews in Jerusalem who still held to the Old Testament law (Acts 21:20). The temple and its services were still in operation, and the full light of the gospel of God's grace had not yet dawned. We who have read Romans, Galatians, and Hebrews might be prone to judge these early believers, but we must not. They were saved people, but they were still in the shadows of the law, moving out into the bright light of God's grace. While there may have been differences in degrees of spiritual knowledge and experience, there was no competition between Paul and those who directed the Jerusalem church (Gal. 2:1–10).

2. TO WHOM DID JAMES WRITE?

“To the twelve tribes which are scattered abroad, greeting” (James 1:1b). James wrote to Jews living outside the land of Palestine. The term “twelve tribes” can only mean the people of Israel, the Jewish nation (Acts 26:7). The fact that many Jews lived outside their Promised Land is evidence of the spiritual decline of the nation. God had to scatter them (Deut. 4:25ff.). When Peter addressed that huge Jewish congregation at Pentecost, he spoke to men from many different nations (Acts 2:9–11).

James sent his letter to *Christian* Jews. At least nineteen times he addressed them as “brethren,” indicating not only “brothers in the flesh” (fellow Jews), but also “brothers in the Lord.” James was very clear on the doctrine of the new birth (James 1:18). There are times when James also addressed wicked men who were not in the fellowship (the rich, for example, in James 5:1–6), but he did so in order to teach and encourage the saved Jews to whom he sent the letter.

The word *scattered* in James 1:1 is an interesting one. It means “in the dispersion.” The term “the dispersion” was used to identify the Jews living

outside the land of Palestine. But the Greek word carries the idea of “scattering seed.” When the Jewish believers were scattered in that first wave of persecution (Acts 8:1, 4), it was really the sowing of seed in many places; and much of that seed bore fruit (Acts 11:19ff.).

Christian Jews scattered throughout the Roman Empire would have needs and problems of their own. Being Jews, they would be rejected by the Gentiles, and being *Christian* Jews, they would be rejected by their own countrymen. This letter indicates that most of these believers were poor, and some of them were being oppressed by the rich.

3. WHY DID JAMES WRITE?

Each New Testament letter has its own special theme, purpose, and destination. Paul wrote the book of Romans to prepare the Roman Christians for his intended visit. First Corinthians was sent to the church at Corinth to help correct certain problems. Galatians was written to a group of churches to warn them against legalism and false teaching.

As you read the epistle of James, you discover that these Jewish Christians were having some problems in their personal lives and in their church fellowship. For one thing, they were going through difficult testings. They were also facing temptations to sin. Some of the believers were catering to the rich, while others were being robbed by the rich. Church members were competing for offices in the church, particularly teaching offices.

One of the major problems in the church was a failure on the part of many to live what they professed to believe. Furthermore, the tongue was a serious problem, even to the point of creating wars and divisions in the assembly. Worldliness was another problem. Some of the members were disobeying God’s Word and were sick physically because of it, and some were straying away from the Lord and the church.

As we review this list of problems, does it appear to be much different

from the problems that beset the average local church today? Do we not have in our churches people who are suffering for one reason or another? Do we not have members who talk one way, but walk another way? Is not worldliness a serious problem? Are there not Christians who cannot control their tongues? It seems that James was dealing with very up-to-date matters!

But James was not discussing an array of miscellaneous problems. All of these problems had a common cause: *spiritual immaturity*. These Christians simply were not growing up. This gives us a hint as to the basic theme of this letter: *the marks of maturity in the Christian life*. James used the word *perfect* several times, a word that means “mature, complete” (see James 1:4, 17, 25; 2:22; 3:2). By “a perfect man” (James 3:2) James did not mean a sinless man, but rather one who is mature, balanced, grown-up.

Spiritual maturity is one of the greatest needs in churches today. Too many churches are playpens for babies instead of workshops for adults. The members are not mature enough to eat the solid spiritual food that they need, so they have to be fed on milk (Heb. 5:11–14). Just look at the problems James dealt with and you can see that each of them is characteristic of little children:

- Impatience in difficulties—1:1–4
- Talking but not living the truth—2:14ff.
- No control of the tongue—3:1ff.
- Fighting and coveting—4:1ff.
- Collecting material “toys”—5:1ff.

After well over a quarter century of ministry, I am convinced that spiritual immaturity is the number one problem in our churches. God is looking for mature men and women to carry on His work, and sometimes all He can find are little children who cannot even get along with each other.

The five chapters of this letter suggest the five marks of the mature Christian (see outline).

Of course, this is but one approach to this letter; there are other ways to study it. As the chapters are examined, spiritual maturity and how it may be attained will be emphasized.

The epistle of James logically follows the epistle to the Hebrews, for one of the major themes of Hebrews is *spiritual perfection*. The word *perfect* is found in Hebrews at least fourteen times. The key verse is Hebrews 6:1—“Let us go on unto perfection” meaning, “spiritual maturity.” The writer of Hebrews explained the perfect salvation to be had in Christ. James exhorted his readers to build on this perfect salvation and grow into maturity. Without the perfect work of Christ there could be no perfecting of the believers.

HOW CAN WE GET THE MOST OUT OF THIS STUDY?

Since the theme is spiritual maturity, we must begin by examining our own hearts to see where we are in the Christian life.

First of all, it is essential that we have been born again. Apart from spiritual birth there can be no spiritual maturity. James mentioned the new birth early in his letter: “Of his own will begat he us with the word of truth” (James 1:18). The parallel to this is 1 Peter 1:23—“Being born again, not of corruptible seed, but of incorruptible, by the word of God, which liveth and abideth for ever.”

Just as a human baby has two parents, so a spiritual baby has two parents—the Word of God and the Spirit of God. We have already quoted two verses that mention the Word of God. John 3:5–6 mentions the Spirit of God. (It is my conviction that “born of water” here refers to physical birth. All babies are “born of water.” Nicodemus thought in terms of physical birth in John 3:5.)

How, then, is a person “born again”? The Spirit of God takes the Word of God and generates new life within the heart of the sinner who believes on Jesus Christ. It is a miracle. The Spirit uses the Word to convict the sinner and then to reveal the Savior. We are saved by faith (Eph. 2:8–9), and faith comes from the Word of God (Rom. 10:17).

If we have been born again, there is a second essential for getting the most out of what James has written: We must honestly examine our lives in the light of God’s Word. James compares the Bible to a mirror (James 1:22ff.). As we study the Word, we are looking into the divine mirror and seeing ourselves as we really are. But James warns us that we must be honest about what we see and not merely glance at the image and walk away.

Perhaps you heard about the primitive tribesman who looked into a mirror for the first time. He was so shocked at what he saw that he broke the mirror! Many Christians make the same mistake: They criticize the preacher or the lesson, when they ought to be judging themselves.

This leads to a third essential: We must obey what God teaches us, no matter what the cost. We must be “doers of the word and not hearers only” (James 1:22). It is easy to attend a Bible study, share the lesson, and discuss it, but it is much more difficult to go out into life in the workaday world and practice what we have learned. The blessing does not come in *studying* the Word, but in *doing* the Word. Unless we are willing to obey, the Lord is not obligated to teach us (John 7:17).

The fourth essential is that we be prepared for some extra trials and testings. Whenever we are serious about spiritual growth, the enemy gets serious about opposing us. Perhaps you feel a need for more patience. Then be prepared for more trials, because “tribulation worketh patience” (Rom. 5:3). The real examinations in Bible study come in the school of life, not in the classroom.

I know of a man who was burdened to grow in his patience. He knew he was immature in that area of his life, and he wanted to grow up. He sincerely prayed, “Lord, help me to grow in patience. I want to have more self-control in this area of my life.” That morning, he missed his train to work and spent the next fifty minutes pacing the platform and complaining of his plight. As the next train to the city arrived, the man realized how stupid he had been. “The Lord gave me nearly an hour to grow in my patience, and all I did was practice my impatience!” he said to himself.

There may come a time in this study when you decide that continuing is too dangerous. Satan may turn on the heat and make things so difficult for you that you will want to retreat. *Don't do it!* When that time arrives, you will be on the verge of a new and wonderful blessing in your own life, a thrilling new step of maturity. Even if Satan does turn on the heat, your Father in heaven keeps His almighty hand on the thermostat!

Even physical maturity is not always an easy, pleasant experience. The teenager walking that difficult bridge from childhood to adulthood has his frustrations and failures, but if he keeps on going (and growing), he eventually enters a wonderful life of maturity. Christian growth is not automatic, as is physical growth. Christian maturity is something we must work at constantly. So don't give up! There is travail in birth, and there is also travail in maturity (Gal. 4:19).

Finally, we must measure our spiritual growth by the Word of God. We should not measure ourselves by other Christians, but by the Word of God and the Son of God (Eph. 4:13). At the close of this study, a dozen questions are listed, based on James, that may help in a personal evaluation. Feel free to turn to them at any time, because regular examinations are good for spiritual health.

Not everyone who grows old, grows up. There is a difference between age and maturity. Just because a Christian has been saved for ten or twenty years does not guarantee that he is mature in the Lord. Mature Christians are happy Christians, useful Christians, Christians who help to encourage others and to build their local church. As we study James together, with God's help we will learn together and mature together.

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QUESTIONS FOR PERSONAL REFLECTION OR GROUP DISCUSSION

1. Who was James? To whom did James write?
2. Why would the early church be identified with “scattered seed”?
3. Why is it important not to retreat in the midst of conflict? How can we prepare ourselves before the conflicts or trials come?
4. What were the main problems of James’ readers?
5. What was the common cause of all these problems? What does this mean?
6. What does James mean by the word *perfect*?
7. What are five marks of a mature Christian?

8. How is a person born again?

9. What factors are essential to become spiritually mature?

10. Of these essentials, which is easiest for you? Which is most difficult?

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