

PUZZLE 1

Never Alone

The LORD himself will go before you.
He will be with you; he will not leave you or forget you.

Don't be afraid and don't worry.

DEUTERONOMY 31:8 NCV

Nowhere in the Bible does it say that we are to strive to do things on our own. In fact, the Word repeatedly reminds us that God partners with the weak and willing and gives them strength. God often meets us where we feel the most vulnerable.

What areas of weakness are you facing right now? Where does fear threaten to keep you immobile? He is with you in the midst of your greatest triumph and your greatest struggle. He has not forgotten about you. He has made a way for you where you have felt confusion and frustration. Let go of the worry to and trust that he is at work in the details of your life—every single one of them!

Holy Spirit, I invite you into my weakness today. Give me eyes to see what you are doing as I cling to you. Thank you that I am not alone in any situation. Help me to remember, above all else, that you are with me.

N L M E H Z M B H H L L Z N H
 F O Y H T G N E R T S K W T F
 E V I R T S F T C G H O B P J
 L Q I T J N F C X U K N C A B
 S F L H A G N I L C S H Y R H
 C M U P Q R L N U U H V B T F
 L C G M J M T R C S Q Q L N S
 J O H U F H Q S S W O W C E R
 T N F I T R S E U T O W B R H
 J F R R C I N L K R M R P S C
 N U P T B K T J I E F F R U T
 P S G B A V F O E A Q V T Y S
 M I J E N O I T A U T I S X U
 X O W A I T S T E B P E O H R
 B N V U L N E R A B L E D C T

CLING
 CONFUSION
 DETAILS
 FRUSTRATION
 MEETS

OWN
 PARTNERS
 SITUATION
 STRENGTH
 STRIVE

TRIUMPH
 TRUST
 VULNERABLE
 WEAKNESS
 WORRY

PUZZLE 2

Unchanging One

Why, my soul, are you so dejected?
Why are you in such turmoil?
Put your hope in God, for I will still praise him,
my Savior and my God.

PSALM 42:11 CSB

We are not immune to feeling discouragement and despair. God, the lifter of our heads, is the source of all the help we need in every season of the soul. When anxiety fills our bodies and worries overshadow the goodness in our lives, we can turn to our good Father who never changes.

When we feel overwhelmed by the worries of this life, let's take a moment to breathe and direct our soul's gaze to the one who sees all and is over all. Though we cannot control what will happen in this world, we can focus our hearts on who God is, always has been, and will continue to be.

God, my help, fill me today with your Spirit. Breathe new life into my weary soul, causing hope to rise once again. I fix the eyes of my heart on your goodness and faithfulness for you never fail!

O V E R W H E L M E D J R C I
 S W S E B Y I G M G V F T K A
 V B R E A T H E A W C R N D O
 L I E U A E K Z C L O M E E P
 T D T O T I E B G S N Y M Q J
 A I F S B X U M I F T A E G L
 D R I H J N K M N O R C G L L
 K E L Y U A M N I R O J A X L
 I C S S A U A J O Y L N R T W
 W T O P N X C L T S B E U N T
 L U K E A P D D W L A A O E W
 L H A D H I J N I A H E C M K
 P Q R Z Z D R N K Z Y B S O A
 E S R K K R L M Z A A S I M X
 S U C O F C U S Z T W I D F J

ALWAYS
 ANXIETY
 BREATHE
 CONTROL
 DESPAIR

DIRECT
 DISCOURAGEMENT
 FOCUS
 GAZE
 IMMUNE

LIFTER
 MOMENT
 OVERWHELMED
 SEASON
 SOUL

PUZZLE 3

Delivered

They cried to you and were set free;
they trusted in you and were not disgraced.

PSALM 22:5 CSB

We are not promised a pain-free life. No such thing exists! When we face trials and circumstances that oppose our hopes and expectations, what do we do with the desperation we feel? We can come to God with everything, including our fears, anxieties, and doubts.

There is no human experience that is outside of Jesus' understanding and no situation that is out of God's reach. When was the last time you cried out to God from a desperate place? Have you been honest with God and yourself? Don't hold back; you may just find that, in his faithfulness, he will not disappoint you.

Faithful One, I come to you with an open heart today. Let your light shine on the places I have kept hidden from you; I cry out from the depths of my soul for you to rescue me.

N L D E S I M O R P P K W D O
 G N I H T Y R E V E X C M H G
 D R W P T R I A L S D R N Q R
 E N S S E N L U F H T I A F W
 R K F W H G Q W E F I L Z Z W
 J Q Q E X P E R I E N C E X P
 Y V N O I T A R E P S E D U J
 F Q O Y W U E R L H O P E S K
 P N Y U H C G D M E U C S E R
 N V J J G T S E N O H K V Z F
 M C I R C U M S T A N C E S X
 N N O I T A T C E P X E R E B
 I G N I D N A T S R E D N U T
 X I L R E A C H P U F O T C H
 N Y B J H N C D L O P P O S E

CIRCUMSTANCES

DESPERATION

EVERYTHING

EXPECTATIONS

EXPERIENCE

FAITHFULNESS

HONEST

HOPES

LIFE

OPPOSE

PROMISED

REACH

RESCUE

TRIALS

UNDERSTANDING

PUZZLE 4

Steady

He lifted me out of the pit of despair,
out of the mud and the mire.
He set my feet on solid ground
and steadied me as I walked along.

PSALM 40:2 NLT

Do you feel like you're drowning under the weight of your circumstances? When darkness makes it hard to see where you're going, what keeps you from sinking into desperation? You were never meant to rely on your own limited resources to get out of tough situations.

Where you have felt stuck, cry out to God for help. Invite him into the specific places that overwhelm you and watch how he lifts you out of the muck and sets your feet on solid ground. He can do it, and he is faithful to meet you no matter what kind of mess you find yourself in. He rescues his beloved children over and over again.

Father God, I need your help. Show up in my life with your resurrection power, bringing life out of what has felt like death. Fill my heart with hope as I watch your faithfulness unfold before my very eyes.

B M H X J C P F P S C L N I N
 T A U E G C B E L O V E D B L
 L Y C C A S F A A K Q Z C G I
 S R G U K S W Z C O S Y Z Y M
 A E P O H J F Y E P E G S L I
 G N I N W O R D Z G U E A U T
 L R K W M Q N J N R C O R V E
 U Q D F Z N K I R R S P G D D
 F D T S A S K R U Q E V R K Q
 H T O J O N T O D G R F V Z X
 T Z U I I L S S S W E I G H T
 I R G S B E I J V E O E V T N
 A I H M R H P D E T I V N I O
 F T S A S S E N K R A D F Y Q
 B J A L V H Y O V M X I S Q Z

BELOVED
 DARKNESS
 DROWNING
 FAITHFUL
 HOPE

INVITE
 LIMITED
 MUCK
 PLACE
 RESCUES

RESOURCES
 SINKING
 SOLID
 TOUGH
 WEIGHT

PUZZLE 5

Hopeful Heart

Anxiety weighs down the heart,
but a kind word cheers it up.

PROVERBS 12:25 NIV

When the worries of life weigh down your soul, what do you do? Do you try to soldier on and just get through the day? It is exhausting to try to keep it together when anxiety is coursing through your body.

God is full of kindness and so much more gentle than we expect. If we come to him with our burdens, he is faithful to take the weight of them and help us. He never turns away; he does not need to take time to consider whether it's worth it, for his love knows no limits. We can never reach the end of his incredible kindness. Have you known God in this way? If it feels too good to be true, you've stumbled into the goodness of God. He is always better than you expect.

Kind Father, I so easily forget the nature of your goodness especially toward me. Lift the weight of my anxious thoughts and bring peace and clarity to my mind. Fill my body with your love that casts out every fear.

J S N E D R U B X W Y T O A U
 S K G G M B J S T I M I L O M
 O S Z N Z J L V C J W V P R L
 X E E E I O D B G E Q F E F G
 M I Q N V T X S I S A O A J K
 S R Y E D R S G O I J E C O B
 S R C R T N H U T L L R E U L
 E O E R Y T I H A T D W Y R A
 N W C L V G F K N H N I W K M
 D T L O P U X E B W X J E N A
 O W A Y L W G I D G O E W R T
 O M R O E L B I D E R C N I F
 G N I K S S Z S R I Q O N Y E
 Z Y T Y T H T R O W Y Q H K J
 M C Y S V Y A I M I D S I N A

BURDENS
 CLARITY
 EXHAUSTING
 FAITHFUL
 GENTLE

GOODNESS
 INCREDIBLE
 KINDNESS
 LIMITS
 LOVE

PEACE
 SOLDIER
 WEIGHT
 WORRIES
 WORTH