



MORNING & EVENING  
DEVOTIONAL



365  
Days of

*Psalms*

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**BroadStreet**  
P U B L I S H I N G

BroadStreet Publishing Group, LLC.  
Savage, Minnesota, USA  
Broadstreetpublishing.com

# 365 Days of Psalms

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978-1-4245-6447-7

978-1-4245-6448-4 (eBook)

Devotional entries composed by Janelle Anthony Breckell.

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Design by Chris Garborg | garborgdesign.com

Editorial services by Michelle Winger | literallyprecise.com

Printed in China.

21 22 23 24 25 26 7 6 5 4 3 2 1

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The background is a dark navy blue. It is decorated with various botanical illustrations in shades of green, teal, and muted purple. These include round eucalyptus leaves, fern fronds, and sprigs of small white flowers. A large, white, irregular geometric shape, resembling a hexagon with a pointed top and bottom, is outlined in a thin, light pinkish-orange line. The text is centered within this white shape.

*Give thanks to the LORD,*

*for he is good!*

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*His faithful love*

*endures forever.*

PSALM 136:1 NLT



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# Introduction

Morning and evening, God is worthy of all our praise!


Just like the Psalmist encountered, the circumstances of life may have you feeling overwhelmed, frustrated, discouraged, or even depressed. But God's love isn't dependent on your situation.

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The psalms are full of God's unchanging love and faithful promises, so you can choose to believe that today will be a good day from the minute you wake up to the moment you lay down to sleep.

Find the hope, joy, and peace that is abundant in God as you reflect on these devotional entries, psalms, and prayers twice a day.





*You saw who you created me to be before I became me!  
Before I'd ever seen the light of day,  
the number of days you planned for me  
were already recorded in your book.*

PSALM 139:16 TPT

It's a reassuring thought to know that you weren't just left to try and make it on your own in this big world. God has planned for you to be in this time and place for a purpose.

You won't always feel like you know what this purpose is, but and it is a good one.

God knew you from before you were born, which means that he knows what kind of life you need, and how you will be a blessing to others. Take courage and step into this year with hopeful expectation.

*Jesus, thanks for creating me to be someone that can bring my unique experience and gifts to a world that needs me in it. Help me to bless others this year, and to dream big about what you can do through me.*

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How do you think God might use your gifts and talents this year?

# Family History

*I will sing of the steadfast love of the LORD, forever;  
with my mouth I will make known your faithfulness  
to all generations.*


PSALM 89:1 NIV

If you think back through your family history, where did the message of Jesus start? You might have a long history of believers, or you might be the first one of your family to believe. Either way, God allows his message to transfer throughout the generations.

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Thank the Lord that you have either been a part of a long heritage of faith, or that you are the very first fresh beginning of a faith that will go beyond you. Sing of the love of your Lord!

*God, I am so thankful that the story of your steadfast love is passed on through generations. Help me to remember that I am a significant part of passing on this truth.*



*This forever-song I sing of the gentle love of God overwhelming me!  
Young and old alive will hear about  
your faithful, steadfast love, never failing.*

PSALM 89:1 TPT

When you feel overwhelmed by something, good or not, you feel a desire to express how you feel to others. Maybe you have felt overwhelmed by your day and wanted to talk about it with the people you live with. Perhaps you had a great success at a sports game, or an educational achievement that made you want to brag. This is how God's love can overwhelm you.

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If you stop long enough to dwell on his never-failing love, you might just feel an overwhelming sense to share his love with others. Be a part of this forever-song!

*Jesus, you have been good to me. I take some time now to remember that you are faithful and steadfast and that you don't give up on me. Help me to express this gratefulness in a joy that can be shared with others.*

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What times in your life do you remember seeing, hearing, or understanding God's faithfulness toward you?

# Blessed with Peace

*The LORD gives strength to his people;  
the LORD blesses his people with peace.*


PSALM 29:11 NIV

What are the most relaxed times of your day or week? Is it when you go for a walk, or sit on the porch in the evening? It could be that first waking moment of your day when everything is quiet and calm. Peace is a very big part of the story of relaxing, whether it is having a calm spirit, a still body, or a still mind. We crave those moments in our ever increasingly busy world.

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Before you approach the busy times, ask the Lord for peace. The psalm here says that he gives strength and blesses with peace. Rely on that promise, drink it in, until you feel equipped for the day ahead.

*Lord, thank you that I have this moment right now to still my heart, mind, and body. I accept the blessing of peace that you have promised.*



*May the LORD give strength to his people!  
May the LORD bless his people with peace!*

PSALM 29:11 ESV

Were you able to experience the peace of God today despite the circumstances around you? It's a wonderful thing to claim these promises for yourself, but this evening, how about turning your reflection to the people around you?

Can you think of others in your day who really need to be blessed with the Lord's strength and peace? You may be thinking of people at work, your spouse, or a close friend who is going through some difficult times. Pray this verse, this blessing, over those people.

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*Lord, may you give strength to the people who continue to cross my mind. Bless them with peace.*

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Who can you encourage this week with God's Word of strength and peace?

# Pushed Back

*I was pushed back and about to fall,  
but the LORD helped me.*

PSALM 118:13 NIV

When you watch the way wild animals behave when they are trapping their prey, one of the main strategies is to corner their prey so there is nowhere to escape. The picture in this verse is like this except the corner looks more like a cliff's edge!

Have there been times in your life when you felt like you were up against a wall, either with the pressing of other people or with something that you got yourself into? You may have felt like there was no relief or escape. These are the times when you need your great rescuer to show up on and help you in your troubles. God will not allow you to fall.

*Lord, thank you for rescuing me every time I have felt backed into a corner. Thank you that you come to my aid in my times of distress.*