



A LITTLE  
GOD  
TIME

FOR  
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*Mothers*

365 DAILY DEVOTIONS

**BroadStreet**  
P U B L I S H I N G

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## *A Little God Time for Mothers*

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Devotional entries composed by Cari Dugan, Laura Krause, Stephanie Sample, Jacquelyn Sense, and Michelle Winger.

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She speaks with wisdom,  
and faithful instruction is on her tongue.  
She watches over the affairs of her household  
and does not eat the bread of idleness.  
Her children arise and call her blessed.

PROVERBS 31:26-28 NIV

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## Introduction

When life demands your attention, carve out a little God time and find a few moments of peace. A little quiet time is what all mothers need but can rarely find in the craziness of everyday life.

Be encouraged as you reflect on these devotions, Scriptures, and prayers each day. As you spend some time with God, you will find the grace and strength needed to get through all your day holds. The blessing of motherhood is found in the middle of the hard work.

Allow joy and peace to flood your heart as you rest in God and endeavor to love your children the way he loves you. You can be confident that every act of service and sacrifice will be rewarded one day.

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# January

“So do not fear, for I am with you;  
do not be dismayed, for I am your God.  
I will strengthen you and help you;  
I will uphold you with my righteous right hand.”

ISAIAH 41:10 NIV

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# Break Every Chain

*He has done this so that every person would long for God,  
feel their way to him,[a] and find him—  
for he is the God who is easy to discover!*

ACTS 17:27 TPT

There is a chance to start over every day if we need to. From the inside out, we can be transformed and our hearts renewed. We can essentially remake ourselves with the help, healing, and transformative nature of Christ! Jesus died on the cross to promise us a life free from the bondage of sin, free from hopelessness, free from any chains that try to trap us. In Christ, we are set free.

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We need to hear the truth of Christ's promise for us and stop the cycle of hopelessness, defeat, and bondage to sin. All we need to do is get on our knees and pray.

Is there an area of your life that you need to repent of and receive freedom from? Wait for God's voice to permeate the deepest, saddest parts of you. He wants you to live a life where he takes care of you.

He desires a relationship with you. He is pursuing your heart.

He is pursuing all of you.

## Letting Go

*"I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.*

*Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?"*


MATTHEW 6:25-27 NIV

Of all the things God asks us to let go of, for a mother, worry just might be the most difficult. From little things like running out of milk or forgetting to do that load of laundry, to genuine concerns such as the first time our kids go away for a weekend, put on a football helmet, or get behind the wheel, we are tempted to give in to worry.

God desires our trust! He wants us to surrender—ourselves and our precious children—to him and his perfect plan. He wants us to rest in his love, and he promises to care for us.

What worry or fear are you holding on to?

What would it take for you to open your hand and give it over to God?



# Misplaced Security

*“Don’t let your hearts be troubled.  
Trust in God, and trust also in me.”*

JOHN 14:1 NLT

It is normal for moms to manage a million things all at the same time. A part of us likes to have control because it gives us a sense of security. But is that security false? What happens when circumstances are out of our control? When relationships are broken, our children are sick, or there just isn't enough money in the bank to cover mounting bills? We allow worry to seep into our hearts. We become anxious and insecure. More often than not, we allow our concerns to debilitate us—to rob us from our sleep and kill our joy.

We don't have to become weary if we remember that we serve a God who loves us so much that he wants us to shrug off the burdens that make us ache and trust him instead. Regardless of the situation and circumstance, God is in control. Our security rests in him and not in our own abilities. The next time life sends you a curve ball, instead of succumbing to fear and scrambling to maintain control, bring your concerns to the one who listens and cares deeply.

What are you worried about today?  
Talk to God and leave it all in his hands.



## Forgiveness Circle

*"If you forgive those who sin against you,  
your heavenly Father will forgive you.  
But if you refuse to forgive others,  
your Father will not forgive your sins."*

MATTHEW 6:14-15 NLT

Many of us long-ago memorized a version of the prayer Jesus gave us in Matthew 6 and have repeated it hundreds or thousands of times. Many have taught it to their children as well. We ask for God to be glorified, for just enough food for today, to be forgiven the way we forgive, and to be protected from temptation. "That's all you need to say," Jesus tells us.

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Wait. Back up. To be forgiven how? Since we are all sinners, God's grace is what we count on. Our lives depend on his forgiveness. Just to make sure we got the point, after sharing the prayer in verses 9-13, he follows up with the Scripture above.

How are you teaching your children the importance of forgiveness?  
According to Jesus, there's only one way to get it, and that is to give it.  
How is this principle working in your own life?



## Summer and Winter

*The day is yours, and yours also the night;  
you established the sun and moon.  
It was you who set all the boundaries of the earth;  
you made both summer and winter.*

PSALM 74:16-17 NIV

Those who live in a cold climate understand that winters can get long. As the amount of daylight decreases, it's easy to find discouragement or depression creeping in. Sometimes this is a direct result of just needing more vitamin D to compensate for the lack of sunlight. But sometimes the Lord allows this to drive you to a place of finding a deeper degree of contentment in him.

God created the seasons. They are his making. Winter treasures are like manna; the same manna would be rotten in the summer. Manna that is provided on a daily basis refreshes us and provides the kind of nourishment we need.

Are you making the most out of this season or living in complaint?  
Don't wish away winter. There are treasures there for the taking.  
If you seek them, they will be found.



## Working Hard


*Whatever you do, do your work heartily,  
as for the Lord rather than for men.*

COLOSSIANS 3:23 NASB

What is at the core of our motivations? We all have things that motivate us and reasons why we work hard. We are easily motivated by money, affirmation, and admiration. We might want prestigious titles or big promotions.

As mothers, why do we put our hearts and souls into our families? There is no financial gain, and rarely do we receive affirmation or thanks. Do we do our best so that the world thinks we are good mothers? So that our children like and appreciate us? So that the world will admire our efforts?

What motivates you? Do you work hard because that is what is expected of you, or do you work hard to serve and please God? Whatever you do, do it happily in worship to the Lord. He is the giver of your talents and abilities. He is the strength for your work and the center of your creative inspiration.



## Short Years

*May the Lord lead your hearts into a full understanding and expression of the love of God and the patient endurance that comes from Christ.*


2 THESSALONIANS 3:5 NLT

Motherhood is such a gift. It requires selflessness. It requires work. It tests your patience. And sometimes, the days feel really long. But the days that you are knee-deep in diapers and up at all hours of the night go quickly. Soon you will be entrusting others to care for your children, and eventually asking your children to take care of themselves. So, hard-working mothers, embrace all that motherhood brings: the beautiful and the hard, the days of laughter and the days of sickness, the days of play and the days of work, the moments of joy and the moments of frustration.

Through all of the years, we know that Jesus is walking alongside us. In every moment, no matter the circumstance, he is there; laughing along with us and wiping away our tears. Motherhood is a gift—a privilege. It is honoring and life-giving.

Do you frequently experience the ups and downs of motherhood?

Remember in the moments of weakness and moments of joy, that motherhood truly is a gift. And remember who is right beside through it all.



# Distracted Parenting

*The Spirit of the LORD will rest on him—  
the Spirit of wisdom and understanding.*


ISAIAH 11:2 NLT

God isn't asking you to be a perfect mom. He is the only perfect parent. He isn't alarmed by your inadequacies. He knew you would sin, which is why he provided his son as a sacrifice for you to be restored to him when you confess. But there are simple steps you can take to become a better parent.

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Have we allowed distractions into our world that are hindering our ability to parent? Some of these distractions could have begun with a well-meaning heart. Perhaps we had questions on how to parent. Now we have found that we are up to our eyeballs in mommy blogs with no answers and more questions. Many times these helpful tools hinder us from going to the one who has every answer we ever could need. He knows our children better than we do; therefore, he knows the way to parent them. We only have to ask.

Have you become a victim of distracted parenting? Have you sought the Father for wisdom in parenting before asking the world? He is more than willing to share his heart with you.



## Fearing God

*In the fear of the LORD there is strong confidence,  
And his children will have refuge.*

PROVERBS 14:26 NASB

A child is blessed to have a mother who habitually goes to the feet of God in petition for wisdom. There is security in having a mother who seeks knowledge in parenting God's way and not in the world's way. Mothers who pray for their children and continually put their trust in the Lord create a wonderful atmosphere and safe home for children to grow up in.

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Children who grow up seeing their mother trusting in Jesus and seeking him to direct their paths eventually learn to have confidence in God's leading. A mother's example to love and obey God is a wonderful gift to her children.

Do you have the fear of God in your home? Do you ask for his wisdom and trust that he will lead you? Take heart, Mom! By entrusting your life to God, you are entrusting your child to his faithful hands as well.





JANUARY 10

# No Guidebook

*Oh, the depth of the riches both of the wisdom and knowledge of God!  
How unsearchable are His judgments and unfathomable His ways!*

ROMANS 11:33 NASB

Do you remember those early days as a new mom? However God blessed you with a child, there were likely a couple of terrifying first few moments. One minute it is just you, and the next, there's this tiny being you're suddenly responsible for. Your heart is flooded with love, but your hands have no idea what to do. A guidebook would have been nice.

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There are a million parenting books available, blogs to read, and advice to collect from family and friends who have gone before us on this parenting journey, but we still have to figure it out for ourselves. Before we know it, we do. We don't perfect it, but we're parents. We're certifiable women responsible for another little person, and he or she is surviving just fine. Because really, our guidebook for parenting is love. No matter how often our babies are eating, or how many hours they are sleeping at night, our little ones are loved. That is not only surviving, that is thriving.

Can you see how far you've come in loving your children?



# Don't Be Anxious

*Give your burdens to the LORD,  
and he will take care of you.*

PSALM 55:22 NLT

God is serious when he tells us not to be anxious. He isn't just giving us a suggestion. He is telling us of one of the many privileges we have as his daughters: the gift of never having to worry. Unfortunately, many of us still think we are accomplishing something by worrying; therefore, we continue it.

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God alone knows what tomorrow holds, and he knows that we can't alter anything by worrying about it. Furthermore, we weren't made to sustain anxiety. Our bodies weren't built to endure it. This is why worry and anxiety can make us physically sick. Nothing delights God more than a child that demonstrates their trust in his goodness and provision by choosing not to worry about tomorrow.

Did you know that it is an action of great faith and trust not to worry? Trust isn't for the faint of heart. It is an act of maturity. It is a pure, childlike action that takes courage. But know that it is what God intends for you.

Ask the Father to help you find the childlike place of trust in him.



# Presence and Protection

*God is in the midst of her;  
she shall not be moved;  
God will help her when morning dawns.*

PSALM 46:5 ESV

Often our culture threatens to destroy the sanctity of family and home. A home that centers around Christ is not easily shaken, nor can it be destroyed. We have nothing to fear because what is God's cannot be destroyed. He reigns and triumphs over anything that tries to take you down.

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We can invite God into our homes. Make him Lord over our families. Trust him because he holds us. Our families are untouchable with God's protection. In all times of trouble, God will be there.

God dwells in the city that cannot be destroyed. Does he dwell in your home? There is safety in trusting him with your life and home. Giving him presence in your family and house invites his protection as well.





JANUARY 13

## Childlike Faith

*"I thank you, Father, Lord of heaven and earth,  
that you have hidden these things from the wise and understanding  
and revealed them to little children."*

MATTHEW 11:25 ESV

There are many things we can learn from our children. Jesus taught this when the disciples were asking him who would be the greatest in the kingdom of heaven. We don't know definitively why they were asking, but we can make the assumption that they weren't at all expecting the answer Jesus gave. He brought a child into their midst and said that unless they became like a child, they would never enter the kingdom of heaven.

A child's faith in God knows no doubt. They believe—quite simply—that he is who he says he is and he will do what he says he will do. They aren't discouraged, and they have no reason to doubt his faithfulness. God challenges us to have that kind of faith: sincere and pure.

Can you ask God for faith that doesn't give up?  
In spite of discouragement, you can trust him like a child would.  
Contend for that kind of faith in your heart.



## Control the Chaos

*This God—his way is perfect;  
the word of the LORD proves true;  
he is a shield for all those who take refuge in him.*


2 SAMUEL 22:31 ESV

Much of our life feels like a chaotic whirlwind that might never stop; running from activity to activity; washing, drying, and folding what feels like a hundred loads of laundry; cooking meal after meal; stopping fight after fight; cleaning room after room; the list of chaos goes on. With that chaos comes a choice: be crazy in our attitude toward everyone around us, or choose peace. There is an obvious winner.

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The chaos of life is what it is. It will be there as long as we have kids, jobs, and houses to run. It can either be embraced as part of life, minimizing the control it will actually have on who we are, or we can buy into the race, giving chaos the control. Choose not to let chaos win.

What tangible things can you do to embrace the busy, chaotic times in life and remember what truly matters? Don't let chaos gain control of a life that is filled with abundant blessings from the Father who loves you and intricately created you.





JANUARY 15

## Daily Compass

*Guide me in your truth and teach me,  
for you are God my Savior,  
and my hope is in you all day long.*

PSALM 25:5 NIV

Starting our day with his truth impressed on our hearts serves as a compass for our daily life. His Spirit floods ours with love, goodness, compassion, and understanding. God's whispered reminders allow us to gain perspective in our situations and help us deal with them in the most empathetic way possible.


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We serve a gentle and humble Father, a Father who loves us in ways we can't even grasp. He promises communion with him whenever we need it. But this relationship goes two ways. As much as we need his Spirit to serve as our compass, he desires our attention, love, and praise right back.

Do you take dedicated time to thank God for all he is in your life?

Think of a moment you shared with your children when they said something like, "I love you, Mommy; thank you for all you do."

Imagine your heavenly Father and the joy it brings him when you praise him for his faithfulness.



## *Calm in the Storm*

*Soon a fierce storm came up.*

*High waves were breaking into the boat, and it began to fill with water. Jesus was sleeping at the back of the boat with his head on a cushion.*

*The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?"*

*When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Then he asked them, "Why are you afraid? Do you still have no faith?"*

MARK 4:37-40 NLT

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Think about the scariest storm you've ever experienced. Are there days—or even weeks—when your life reminds you of that storm? Obligations pelt your skin like sleet, pressures swirl around you like the January wind, and bills come at you like a tornado.

Only angry clouds are visible everywhere we look. What about little storms: a sick kid the day of a deadline, or a forgotten carpool trip? Where do we go for peace?

Even if skies are blue in your world today, you know a storm will come eventually. Will you seek safety and comfort from the one who calmed the sea, or will you paddle furiously on your own? With a few words, Jesus quieted the storm. He ended it. Have you ever asked him to do this for you, believing he could?

