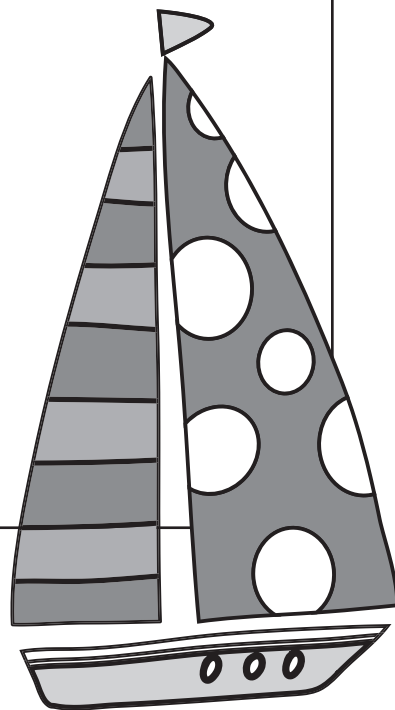
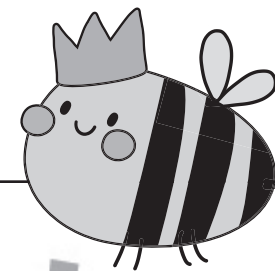
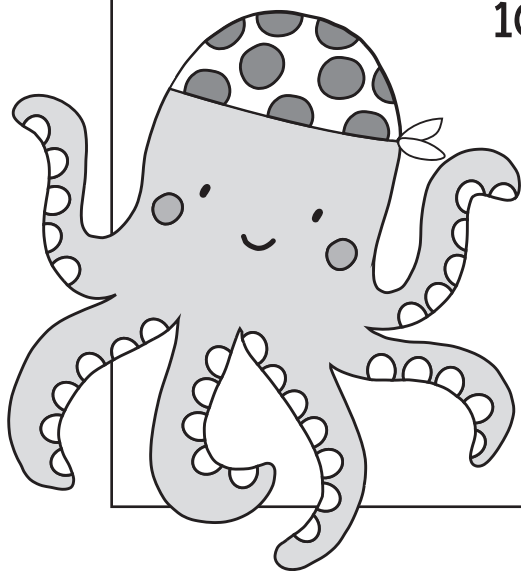


# COLORING GOD'S LOVE FOR ME

100 Devotions to Inspire  
Young Hearts

By Janae Dueck



PROMISE 1



# GOD LIFTS ME HIGH



"The Lord lifts up people who are in trouble."

PSALM 146:8 ICB

Imagine flying in a hot air balloon. You climb into the giant basket. Then the ground slowly sinks away. What an adventure!

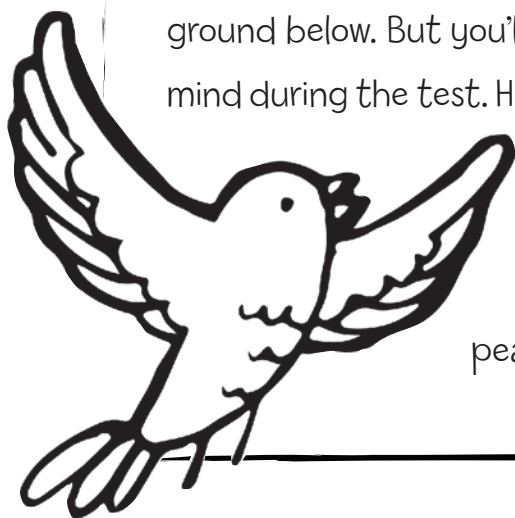
To make a balloon fly, a pilot uses a burner to heat the air in the balloon. The hot air weighs less than the cooler air outside, and the balloon rises off the ground. The balloon floats above rushing cars, scurrying people, and noisy machines. It lifts the people inside above all the noise into the quiet clouds.

Like hot air balloons lift people over busy streets, God can lift you above your troubles. Are you worried about a test or tryout? Is your best friend in a different class this year? Or maybe your parents are arguing. These troubles can make you feel like a saggy, empty balloon. You need God to warm your spirit until you soar.

Next time a problem is keeping you down, talk to God about it. When you spend time with Him, His warmth will make you feel lighter. Your problem may still be there on the ground below. But you'll feel His quiet peace. Next, ask God for help. He might calm your mind during the test. He might show you a new student that needs a friend. He might ask

you to remind your parents that He can lift them into His peace too. Or He might just remind you that He is flying your balloon.

Go to God with your troubles. He will lift you up high into His peace. With Him, you will rise!





As you color the hot air balloons, tell God your troubles. Imagine rising over all the difficult things in your life and into the peaceful clouds.



# GOD LEADS ME

**"I am the Lord your God. I teach you to do what is good. I lead you in the way you should go."**

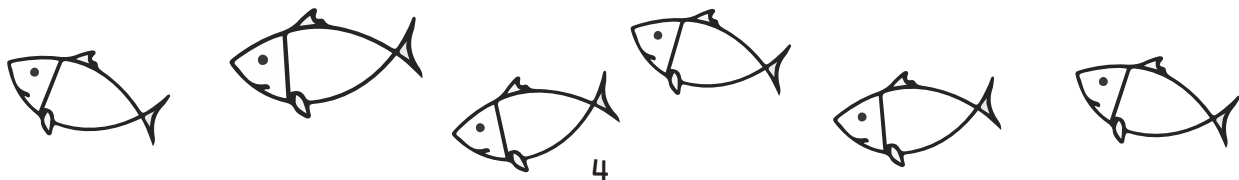
**ISAIAH 48:17 ICB**

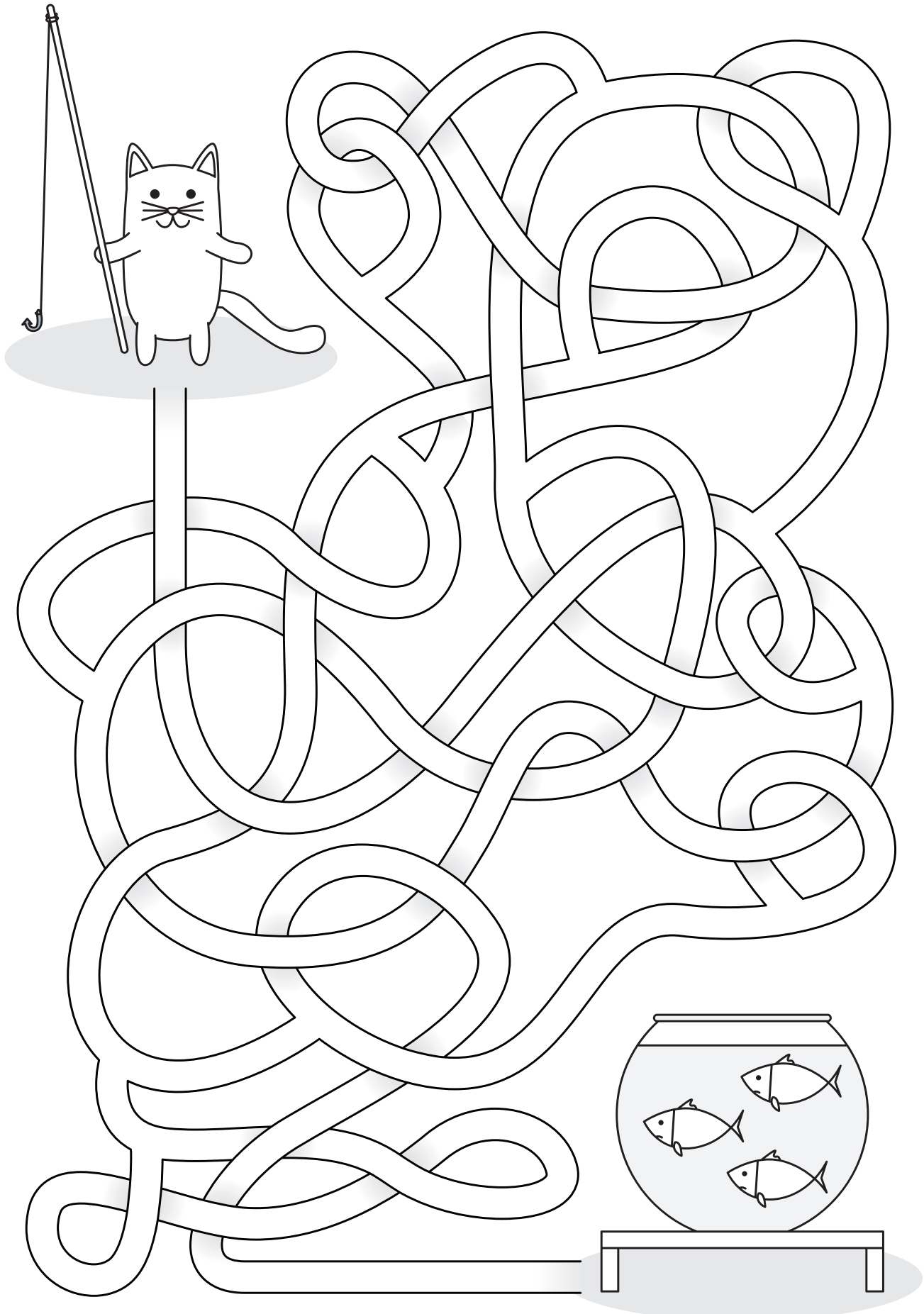
**H**ave you ever been through a maze? You turned right, then left, then right. You backtracked at a dead end and tried again. But all you could see were walls. Perhaps you even needed help to find your way out. Or maybe you've tried to solve a maze on paper. This way? Erase. That way? Erase. It can take many tries to find the path out.

Life can feel like a maze. The pop quiz asks mostly about the lesson from the day you were home sick. Twist. A parent gets a new job, and you have to move. Turn. The doctor still doesn't know why you're feeling ill. Dead end. When unexpected things happen, you may question God. Does He care about what is happening? Has He left you alone in the maze?

God is with you in the maze. He is your leader who knows every turn. He knows exactly where you are. He knows where He wants you to go. In fact, He's handed you a map: the Bible. There are lots of helpful directions inside God's Word: Act like Jesus acted. Choose kindness. Stay away from people who get you in trouble.

Follow God's map. And when you can't see what's ahead, ask for help. God knows the best way through your maze. There is no maze too hard for Him to solve.





PROMISE 5

# GOD CARRIES MY WORRIES

**"Give all your worries to him, because he cares for you."**

**1 PETER 5:7 ICB**

**W**hat's the longest trip you've been on? What did you pack? Don't forget your swimsuit. One underwear just won't do. You thought your game console could fit? As you add items, everything jumbles together. You might even have to sit on the suitcase to get it closed.

Packing a suitcase is only the first part of the job. Next you have to lug that heavy bag to the car or across the airport. You probably need an adult to give you a hand.

Like a full suitcase, worries can be a big load. *Will I hit any shots in the game? Will I forget my lines in the play? What if I get hurt while my parents are away?* Your tummy aches. Your thoughts feel jumbled. Your mind is packed tight! But God tells us that we don't have to worry (Isaiah 41:10). In fact, He says we can give our worries to Him.

Tell God your worries. As you share each problem or fear, imagine packing it in a suitcase. Zip the bag shut so nothing falls out! Then remember that God is strong enough to take care of you no matter what. Hand God your heavy load. And the next time a worry pops in your head, remember that God is carrying it for you.



Draw items that show your worries in the suitcase.  
Then, imagine zipping it up and handing your heavy load to God.



PROMISE 8

# I CAN DISCOVER WISDOM

**Choose my teachings instead of silver. Choose knowledge rather than the finest gold. Wisdom is more precious than rubies. Nothing you want is equal to it.**

PROVERBS 8:10–11 ICB

**H**ave you ever found a cool rock? Miners dig for rocks deep in the ground. Sometimes they even find treasure like gemstones! Miners wear helmets with lights to see in the dark. Is that a diamond hiding in the dirt? Or just some coal?

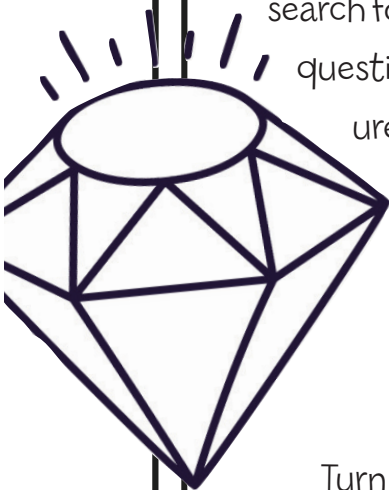
God has left treasure for you to dig up too. These precious gems are the wisdom found in Scripture. When you live by God's truths, you are wise. Do you have a question about a verse you just read? Are you stumped on how God can forgive *all* your mistakes? Or did your friend ask you why you follow Jesus? Open your Bible and search for God's treasure. Ask an adult to help you find a verse that answers your question. Or find a verse that makes you happy or comforted. The more treasure you find, the more exciting it gets. When you dig through God's Word, you're sure to find gemstones. These gems of wisdom are just a start:

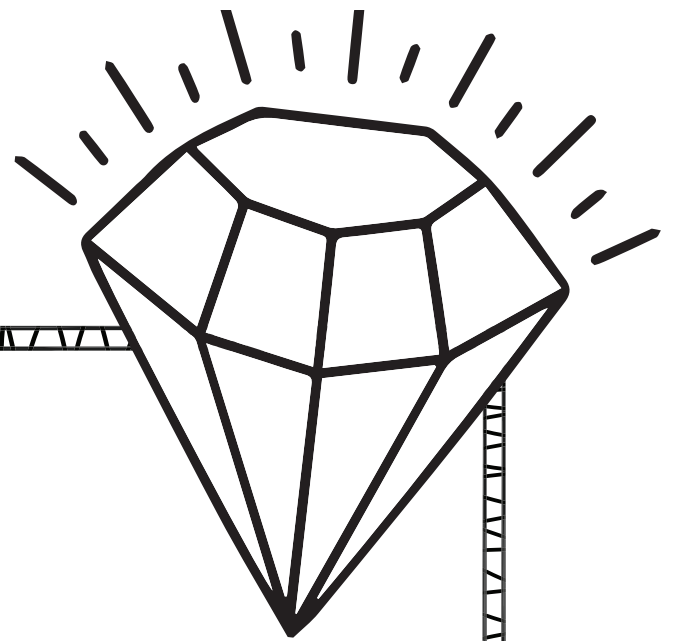
Peace comes through prayer. (Philippians 4:6-7)

People who take advice are wise. (Proverbs 13:10)

Forgive others because God forgives you. (Ephesians 4:32)

Turn on your helmet light and dig down in the Bible. Before you know it, you'll find a wise word from God glittering beneath the dirt.



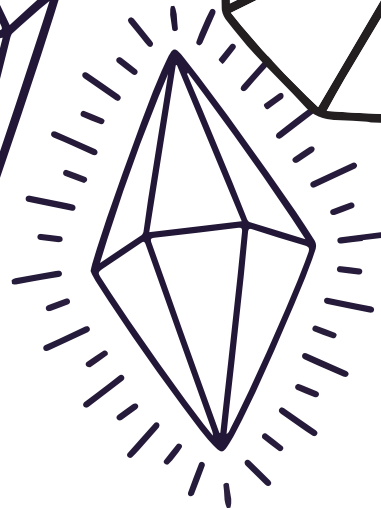
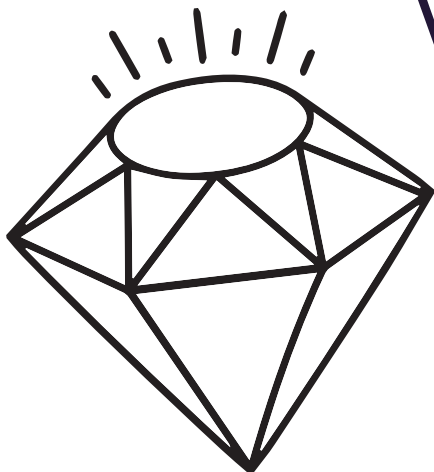
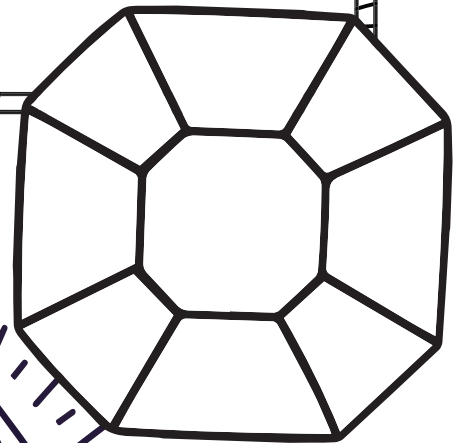
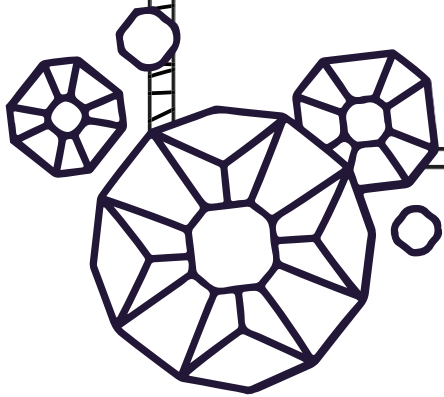


What question do you have for God?

Find a verse about it.

I wonder:

Bible verse:



## PROMISE 10

# I AM ON GOD'S TEAM

**"But we thank God! He gives us the victory through our Lord Jesus Christ."**

1 CORINTHIANS 15:57 ICB

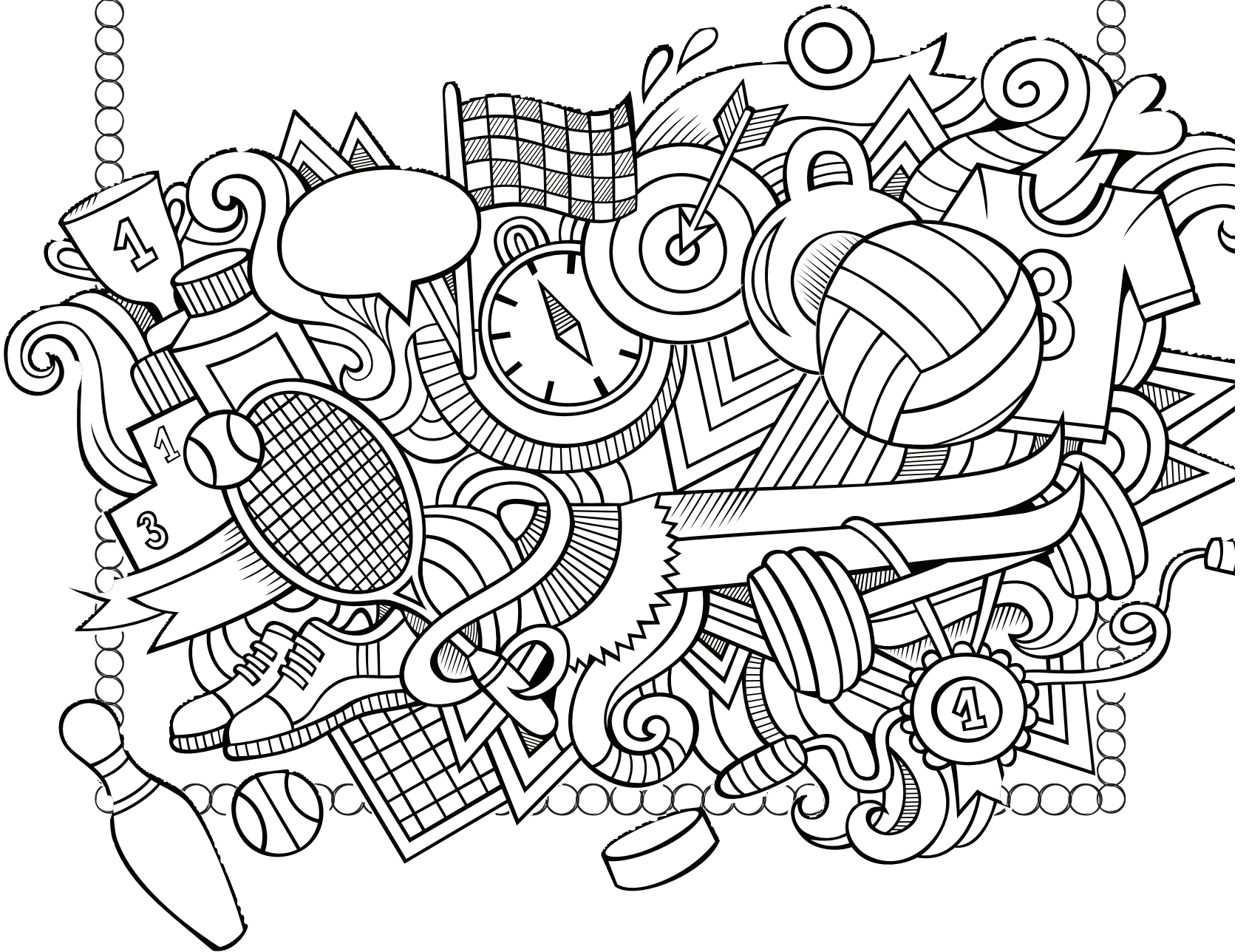
Imagine you just won a gold medal at the Olympics. You and your teammates stand on a podium. You can barely hear each other over the roar of the crowd. Goosebumps tickle your arms. Your heart races as someone slides a heavy medal over your head.

If you follow Jesus, you are a winner in a contest much bigger than the Olympics. When Jesus died on the cross, he won the contest with the devil over sin. Sins are the things we do that are wrong, like saying hurtful words or lying. Sin hurts God's heart and breaks our friendship with Him. The Bible says that the price of sin is death. But Jesus paid for our sins with His own death on a cross. When we follow Him, He gives us the prize he won: a forever home in heaven with God.

To become an Olympian, you have to work really hard. Run faster. Train longer!

Rest. And repeat. But to receive the prize of eternal life in heaven, all you have to do is join God's team. Jesus already did the winning work. So how do you suit up for God? Decide to let Him be your team leader, and ask Him to forgive your sins.

Now stand on the podium next to Jesus. Feel the medal slide over your head. Wear it proudly. With Jesus, you always win. You are on God's team!



## Key Points

- This is a hybrid devotional, making it marketable in the art/journal, keepsake, and devotional spaces.
- Parents are looking for faith-based activity books, and this book will be released in time for summer road trips, quiet mornings, rainy days, and more.
- God's promises are an evergreen topic that both parents and children love.
- The Author has connections to numerous schools and ministries around the Bay area, as well as the ministry One Challenge in Colorado.
- Author's hometown is San Francisco, CA.