

40 REFLECTIONS TO
AWAKEN WONDER

**A
Million
Little
Miracles**



Guided Journal

MARK BATTERSON

NEW YORK TIMES BESTSELLING AUTHOR



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HOW TO USE THIS JOURNAL

If you have read *A Million Little Miracles* and are familiar with its contents, this journal is for you. And if you have gone above and beyond to read the accompanying study guide as well, then this journal is *definitely* for you! Allow me to explain the structure of this book.

There are forty days in this journal. Why? Because so many transitions and transformations in Scripture happen during a forty-day process. You might have taken a forty-day prayer challenge or gone through one of the books of the Bible in forty days. This journal is a forty-day journey into the millions of miracles that are all around you.

The experience of working through the content over a period of forty days will help you cultivate a habit of thinking about God, your relationship with Him, and your place in His wondrous world. But listen, there is no exact right way to work through this journal—so don't sweat it if it takes you a little—or a lot—longer than forty days. The point is to connect with God and grow in gratitude.

Rather than acting as a study guide for *A Million Little Miracles*, this journal gives you an opportunity to write down and record some of your unique thoughts and feelings. “Until it's on paper,” said Sir John Hargrave, “it's vapor.”¹

Are you taking things for gratitude or are you taking things for granted? When was the last time you felt childlike wonder? What are some of your favorite parts of God's creation?

These are some of the questions you'll reflect on as you work through this journal.

Each day is divided into four pages. On the first page, there will be a Bible passage along with a question to prompt your writing. The second and third pages will include more questions along with quotes from the book. There is no right or wrong way to answer the questions. This is your journal, so write down whatever you want! The key is to put your thoughts onto paper. On the last page of each day, you are encouraged to think or do something differently. Call it an action step.

The goal of this journal is to help you experience God's miracles in a new and fresh way. God is "able to do immeasurably more than all we ask or imagine, according to His power that is at work within us" (Ephesians 3:20). My hope is that the eyes of your heart will be opened anew to the God who is bigger than big, closer than close, and gooder than good. And as you're experiencing this, you are writing down your thoughts along the way!

So grab a pen or a pencil and let's begin!

DAY I
HOLY CURIOSITY

From the moment of conception until the day death
knocks on our door, life is more mysterious and
miraculous than we can imagine.

—*A Million Little Miracles*

Take a breath.

Do you sense the miracle that is your life?

Look at the world.

Take note of the many strange and mysterious things
around you.

What if you chose to be like Albert Einstein and never
lose a “holy curiosity”? Do you have any holy curiosities? If
not, try to come up with a few and list them here.

Who is like you, O LORD, among the gods?

Who is like you, majestic in holiness,
awesome in glorious deeds, doing wonders?

—EXODUS 15:11, ESV

DAY 2

BAPTISM BY NATURE

You don't have to go far to find a million little miracles.
All it takes is a two-foot field trip. All you have to do is
go outside, look up, and count the stars.

—*A Million Little Miracles*

John Muir was a student of Scripture and a student of nature. He believed in baptism by water and by fire, but he also believed in baptism by nature. “Nature has always something rare to show us,” John Muir said.¹

When was the last time you truly feasted your senses on the sights, sounds, and smells of earth, wind, and snow? List any of those moments.

Methinks that the moment my legs move, my thoughts
begin to flow.

—HENRY DAVID THOREAU²

DAY 3

ASK THE EARTH AND IT WILL TEACH YOU

I used to feel tremendous social pressure to be *interesting*.
I have since discovered, that's not how you win friends
and influence people. The key is to be *interested*. You have
to cultivate a non-anxious curiosity about other people,
and the master key is questions.

—*A Million Little Miracles*

George Washington Carver embodied the idea of holy curiosity. Born a slave, Carver became one of the greatest chemists and agronomists the world has ever known. His life verse was Job 12:7–8:

But ask the animals, and they will teach you,
or the birds in the sky, and they will tell you;
or speak to the earth, and it will teach you,
or let the fish in the sea inform you.

Carver would take long prayer walks through the woods early in the morning. Nature was the place where he would commune with God.

Consider some simple ways you could get out into nature. This could be as simple as walking outside your front door each day or making time for a walk in the park once a week.
