

In this current culture that is steeped in low expectations for morality and high expectations for appearances, *Made for This Moment* comes at just the right time. I'm proud of Madison, for not only writing this message but also living this message. This book is the perfect resource if you want insights on the struggles of those you love in their teens and twenties who often feel the tug of war between the world's ways and God's ways. And at the same time, this will boost your faith in the God who holds it all together and helps us stand strong in the face of tough choices. This fascinating story full of wisdom and biblical examples will stay with you long after the last page.

**LYSA TERKEURST**, #1 *New York Times* bestselling author, president of Proverbs 31 Ministries

Our lives are made up of memories, and our memories are made up of moments. *Made for This Moment* will help you prepare for those courage-demanding moments so that they become memories you're proud of, learn from, and cherish. With wisdom beyond her years, Madi shares how she is able to stand firm in her convictions and values even amid pressure and the public eye. These pages are full of encouragement for any young woman who wants to live with greater confidence, courage, and commitment to God.

**AUDREY ROLOFF**, *New York Times* bestselling author of *A Love Letter Life*, cofounder of The Marriage Journal

Madi is a leader who blazes trails for the next generation to live out their faith with courage and conviction. Her faith in public she lives out deeply in private.

**JENNIE ALLEN**, *New York Times* bestselling author of *Get Out of Your Head*, founder and visionary of IF:Gathering

*Made for This Moment* by Madison Prewett is a wonderfully written book about making the most of every opportunity in your life. Madison uses her experiences as well as those of the biblical Esther as examples to help anyone recognize and prepare for those pivotal life-changing moments.

**VICTORIA OSTEEN**, *New York Times* bestselling author, copastor of Lakewood Church

*Made for This Moment* combines Madi's honest (and fun) storytelling with wisdom that packs a punch. You'll walk away from reading this book empowered, equipped, and excited to live confidently in all God has for you!

**DEMI-LEIGH TEBOW**, Miss Universe 2017,  
entrepreneur, and motivational speaker

Life has taught us that God can use the most unlikely setups to reveal his purposes. Madi is a beautiful and inspiring example of standing strong in our God-given identity in the midst of the fiery crucible of popularity and public opinion.

**LISA BEVERE**, *New York Times* bestselling author

The voice for a generation. In *Made for This Moment*, Madison shares her experience with humor, humility, authenticity, and vulnerability. The reader feels they are walking beside her in her journey and discovering the gold of her lessons learned in a practical and equipping way and discovers that they can apply these overcoming strategies to their own life situations. A key read "for such a time as this."

**LORIANN V. LOWERY-BIGGERS**, CEO of BellaVaughan, Inc., corporate board director and former president of North America, Lloyd's of London, Inc., and cohost of *The Leader's Panel* podcast

Madison Prewett is the real deal. *Made for This Moment* is raw and real and does not shy away from hard seasons in her life, all to help someone else out there. Madi has lived out these moments in her life with poise and discernment, and this book is proof of that. It will truly bless you today and going forward!

**JEANINE AMAPOLA**, Christian, YouTuber, podcaster, and Bible teacher

In a world that continually pressures us to compromise or even concede, Madison Prewett offers a courageous and needed perspective that you can stay relevant, stay kind, *and* still stand your ground.

**LISA AND DAVID HUGHES**

MADE FOR THIS  
**MOMENT**



# MADE FOR THIS **MOMENT**

Standing Firm with  
**STRENGTH, GRACE, and COURAGE**

MADISON PREWETT

 **ZONDERVAN**  
BOOKS

ZONDERVAN BOOKS

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*To the woman who embodied strength, grace, and courage to my sisters and me: my beautiful mother, Tonya Prewett. You have loved me and encouraged me through my lowest and darkest times and cheered me on and celebrated me through my greatest moments. I wouldn't be who I am today without the prayer, support, and wisdom from you and Dad. Thank you for praying for me and believing in me when no one else did.*

*To the women who have shared their stories with me—the heartbreaks, struggles, hopes, fears, and dreams—I write this book for you. I know you long to know your worth and seek the courage to stand up for what you believe in. I pray through each page you feel empowered, encouraged, and enlightened as you realize that the true hero that lies within these pages is you. You were made for this moment.*



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## FOREWORD

Studies show that the average person's greatest fear is public speaking. Not death, but speaking in front of a crowd! (Let that one sink in.) While I grew up in the public spotlight along with my family, I can't imagine what it would be like to be on stage in front of cameras capturing my dating life and most vulnerable moments on live television—in front of millions. Of course, that's what happened to my friend Madi Prewett when she reached the finale of *The Bachelor* in season 24.

I met Madi at Passion Conference in 2019, shortly after her time on *The Bachelor*. However, it wasn't until my husband, Christian, and I moved to Auburn, Alabama, Madi's hometown, that I truly got to know her and her story. It did not take me long to discover what much of America learned about her on national television—that she has a strong personal faith that is real and vibrant and that she seeks to honor God in all her decisions, even when the eyes of the world are watching. As our friendship has deepened, I have come to know Madi as a strong, sensitive, and caring person. She has held true to her identity and her beliefs even under the scrutiny of the spotlight and continues to be a role model for young women around the world.

In *Made for This Moment*, Madi gives us all a peek inside the

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person we saw only a glimpse of when she walked away from *The Bachelor*. Madi shares how she was able to stand up for her faith in front of millions and make a conscious decision to honor God when no one was watching. In these pages, you will see what it means to be a person of character and to live each day aware that every decision—small and large—matters.

I'm really excited that you've picked up Madi's book. I hope it will be like a shot of wisdom and hope for your soul, as it was for mine. I am inspired and encouraged by Madi's story—and her conviction that the way we respond to pressure matters, but the way we prepare matters just as much. Just like Esther in the Bible, Madi faced her “big moment” and didn't falter in her convictions. And my prayer is that as you read *Made for This Moment*, you, like Esther, will realize that God has chosen you—yes, you!—for such a time as this.

*Sadie Robertson Huff*

## INTRODUCTION

A moment. It can change everything. It can give you the freedom to go higher, or it can rob you of all you thought you had. A moment can make you, or it can take from you.

When we gather and throw a big celebration, we are creating a moment. When we take photos, we are capturing moments. Some moments are bigger than others, and some may be considered small moments, but they all matter because together they create the sum of a life. The big moments are attainable because of the small moments. How you spend your moments alone matters. How you steward your smaller moments matters. How you respond to the bigger and pressure-filled moments matters. That is the power of a moment. It can make or break you. It can build you or destroy you. It can change your mindset for a day. It can change your goals for a year. It can change your life forever. Just one moment.

What I want you to know is that whatever moment you are in right now is the moment you were made for.

In this book I want to share with you the moments that have shaped who I am and who I am becoming, so that you will be encouraged in your own life-shaping moments. I want to invite you into my most vulnerable and painful moments so that you

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will know it's possible to stand strong through your broken and rough moments.

When a moment that challenges you comes, will you stand firm in who you are? When a moment that could change you arrives, will you be ready? When a moment of opportunity shows up at your door, will you be prepared? When the moment of pressure hits, how will you respond? How we respond to pressure matters, but how we prepare matters just as much. In these moments, "winging it" rarely cuts it. The time we set aside to prepare for the moments that will test our limits sets the tone for how we will respond.

So what can we do? We must invest in our own moment-making disciplines. It's time to ready ourselves for the challenges of the world. We must face our pasts, engage in the worthy struggle for our identities, and fight comparison with confidence. We have to prepare for pressure. It's time to anticipate the moments ahead and not simply wait for notifications to light up our phones. It's time to lean into that shaky courage that comes when you face something scary but you know you're not alone. It's time to discover who you are so you can walk confidently in all God has for you. It's time to rise up, take your position, and get ready to fight for your moment.

In *Made for This Moment*, we will explore how to be ready for times in life that make you, challenge you, and change you. No matter your age, ethnicity, job title, or past or current struggles, you matter and your moments matter because they are the makings of your life. Your time has come! Consider this your invitation to step out and live up the one life you have to live.

Over the last year, I have had my fair share of make-or-break moments! In the midst of them, I have been encouraged and challenged by the words of Esther 4:14: "Who knows but that you have come to your royal position for such a time as this?" Or as we might say today, "Maybe you were made for this moment."

## CHAPTER 1

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# COURAGE FOR YOUR MOMENT

## Believing You Were Made for This

**M**y heart was pounding. I was trembling. There was a knot in my stomach. I'm pretty sure I had already sweat through the hot-pink dress I was wearing. I had no idea what was about to go down. All I knew was that I was about to go on live television with millions of people watching. What would I be asked? How would I respond? I had rehearsed hundreds of times. I was ready. Or was I? I paced. I prayed. I reapplied my lipstick. I prayed some more. I took deep breaths. My heart felt like it was beating out of my chest. Fear of the what-ifs consumed my mind. What if someone accuses me of something I didn't do? What if the audience cheers against me? Could I do this? I could run away. I could back out. How did I get here?

I had faced so much to arrive at this moment. I had fallen in love, worked through conflict, publicly taken heat about my

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personal choices at levels I'd never expected, and ended a relationship. Now I was on the verge of a second chance at this relationship.

It was *The Bachelor* finale, the final episode where the Bachelor and his final choice tell the world how they really feel—at the end of the line, after the final rose. It is the only live show of the season. And it is always the most watched.

I had made it to this moment. I should be excited, right?

My producer walked in to tell me that it was time. The soundman attached my microphone, and I was led backstage. There was no turning back now. I could see the crowd of people in the audience. My heart was beating so hard I thought everyone around me could hear it. I tried to tell myself I had no reason to worry. God was with me in this moment. I had prayed about this. Everything leading up to this moment had been so promising. Now all I had to do was walk on that stage, remember what I had rehearsed in my mind hundreds of times, and speak with confidence. Easy.

But nothing about the next few minutes was easy. I could never have anticipated what was to come. I walked out on stage and took my seat next to the Bachelor, Peter Weber. Neither of us knew exactly what would happen. All we knew was that we wanted this moment to be real, raw, and authentic. Since this was the first live show of the season, it was our moment to be ourselves, to share what we were feeling, and figure out what we wanted to do moving forward.

The host of the show welcomed us and began asking a series of questions. Everyone in the crowd was silent, watching and waiting to see what I would say and what we would decide to do. I saw the large camera crew making sure they captured every angle and every reaction from me and from those all around me. As I sat there in that moment, I remembered the words my mom had written in a letter that she hid in my suitcase the night

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before the finale: “You are stronger than you realize, Madi. Do not let anything catch you off guard. If anyone blindsides you, keep your composure and respond with grace and confidence.”

Though I had played out many scenarios in my mind, I wasn’t prepared for what came next.

Words came at me so fast, I couldn’t even get a word in. I was stunned by the accusations and hurtful comments, words that felt like an attack against my character and convictions. Words sent to berate me. This was the last thing I expected.

My heart skipped a beat. Maybe two. It all happened so fast. There was so much I wanted to explain and say, but we were on stage for only a short time, maybe ten minutes.

I wish I could put into words what I felt in that moment. The weight of the words that were directed at me. The pain of feeling misunderstood. The heaviness I felt in my chest as I realized that millions were watching. My parents were watching. My friends were watching. The world was watching. Under most circumstances, my initial response to criticism is to be defensive. To fight back. To retaliate. Somehow, miraculously, I held my tongue. I kept my composure. I felt in that moment, I had to know when to speak and when to be silent. I came in prepared to tell my side of the story. There was so much people didn’t see or understand. This was my time to explain everything, to tell the world how I really felt.

Words formed in my mouth, but I knew I had to restrain them. I wanted to cry, but knew I had to be strong. I wanted to run off the stage, but I knew I had to stay. I felt I was in a lose-lose situation. Having only ten minutes on live television, with no plan, I thought this was my time to share my heart and let people see all of me, the real me. But what could I do? If I cried, I would be seen as weak. If I fought back, I would be seen as angry and disrespectful. All I knew to do was to keep silent, hold

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my composure as best I could, and smile. But as I tried to form a smile, my lips quivered and I knew tears were soon to follow.

I remember thinking, “Where are you, God? I could really use your help right about now. This is the moment when you come in and fix everything.”

But God had other plans. Plans I couldn’t understand. Not yet anyway. Something much bigger was going on behind the scenes that I did not understand in that moment. As this book unfolds, I will reveal more about this story and many others that challenged my courage and ability to stand strong under pressure.

Sometimes it’s not the words we say that show the depth of our hearts, but rather the ones we choose not to say.

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When I think back to that moment, I think of the courage it took not to retaliate. Courage comes in many forms. Sometimes it’s speaking out, taking a stand, raising your voice. But sometimes it’s knowing when to show restraint. Sometimes it’s not the words we say that show the depth of our hearts, but rather the ones we choose not to say.

Minutes felt like hours but passed like seconds. I looked at the clock and saw how much time was left before we would be ushered off the stage. The tension in the room could be cut with a knife.

As soon as the filming ended, I ran backstage, trying my best to hold it together, but as soon as I turned the corner to head out the door, where there were no more crowds or cameras, I broke down completely. Several people had tried to stop me from running off, but I kept running until I found a single bathroom to lock myself in and be alone so that I could gather my thoughts. I kept rehashing what had just happened and felt so embarrassed, humiliated, and more hurt than I had ever been.

For everyone else this was entertainment. They watched the

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finale and then went on with their lives. But for me it was real life. It wasn't just a TV show. It wasn't something I could turn off and move on from.

It felt like no one could possibly understand what I was feeling. I felt hurt and alone. So I hid in my single-stall bathroom. And cried.

"You are stronger than you realize, Madi." My mom's words kept coming back to me. I knew I needed to call my mom. If anyone could help me understand the intensity of what I had just been through, it would be her. As soon as I got back to the hotel room, I called her. She answered, and before I could say a word, she said, "I told you that you were strong." I began to cry because I felt anything but strong. She continued, "Do not waste one second worrying about what just happened. It will serve a greater purpose than you can imagine." Even though I did not understand it all in that moment, I trusted her.

She was right; it did serve a greater purpose. I could never have predicted where my life would go in the next year. Dots were being connected that I couldn't see or understand at the time. But God did. He had a bigger purpose in mind. It was in that painful, lonely, and unknown season of life that I discovered the courage I needed to step out and begin. Courage to begin writing the book you now hold in your hands. Courage to begin speaking to young people about their worth and purpose. Courage to walk in the direction of my calling.

Each of the chapters in this book will unfold more of the story that led to this pivotal moment, *The Bachelor* finale. I want to share with you what I've learned about having strength, grace, and courage in the face of adversity and pressure. I don't claim to know everything there is to know about being brave and courageous. I have tripped up and caved in plenty of times. But the last year

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of my life has caused me to take a deeper look at who I am and who I want to be. And if your experience as a young woman in today's world is anything like mine—and I don't mean *Bachelor* finale experiences, but the pressures and struggles that attack your confidence and courage—I want to help you wrestle with some soul-shaping questions that I believe are important to ask as we look to our futures. How do we stand firm and stay strong in a world that tries to pull us down, pressure us, and label us? How do we keep our standards high and our roots deep so that when the tough moments hit, we are prepared?

With the speed of our lives, the instant nature of our communication, and the constant pressure to present the perfect image, it's not easy to find our footing on the fly. If, at a moment's notice, something challenges who you are, how can you be prepared to stand firm? Are these moments all about trusting your gut and hoping you don't majorly screw up?

When I think about that night of the finale, I had some real choices to make in a moment of immense pressure. If I had acted out of instinct, I might have let loose some words I would have later regretted. Yes, I wanted to cater to that impulse, but I dug deep and drew up a stronger version of myself than I thought possible. How on earth did I make it to that point? The short answer: It took courage. A lot of courage.

Maybe you're wondering, "So, Madi, how do you prepare for unexpected moments? How do you stand courageous when you feel like running away? When you feel overpowered?" That's what I want to unpack in the following pages. I love a quote by Bethany Hamilton that captures what I want to share with you: "Courage doesn't mean you don't get afraid. Courage means you don't let fear stop you."<sup>1</sup> You and I may have very different stories since the pressures we face take on many different forms. But

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those challenges leave all the same feelings on the inside. I want to share how you can be strong and courageous no matter what you have been through and no matter what you are facing.

### Courage in the Face of Fear

What are you most afraid of?

Fear can cripple you. It can rob you. And it almost always leaves you with a nauseating feeling in the pit of your stomach. Fear can keep us from relationships, careers, successes, and dreams and has the power to prevent us from living the life we desire.

We often let our minds become consumed with negative possibilities in life. Sometimes I think it's easy, as women, to live in a constant state of fear. Fear concerning our future, our health, our finances, our families. Fear of what others think about us. Fear of the what-ifs. *What if my boyfriend stops loving me? What if I'm unable to have children? What if I can't pay for college? Pay my rent? What if I'm not strong? Smart? Pretty? What if I'm not included? What if I don't measure up? What if I'm not enough?*

Do you struggle with these types of worries? Do you find yourself constantly battling fear? I don't know what your fears look like, but I used to be consumed with what other people thought about me. In school, I was afraid of answering questions in class for fear that I would say something stupid. As an athlete, I was afraid of underperforming, fearing that others would think I was not as good as they had hoped. As a friend, I was afraid of vocalizing my opinions or making plans for the group for fear that I might be overlooked and passed over. In relationships, I was afraid to commit and give my heart, dreading being rejected and others seeing that I was unwanted or replaceable. For many years, this

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fear trapped me and kept me from reaching my full potential. How often does fear of what other people think stop you from doing something or being your true self?

Fear of the what-ifs have always been a huge struggle for me. I like to plan and be in control so that I don't fail or make mistakes along the way. When I left for *The Bachelor*, I had no way of knowing whether I would be gone for one week or ten weeks. Fearful thoughts immediately bombarded me: What if I'm rejected for who I am? What if the other girls don't like me? What if I get my heart broken? What if I'm misunderstood? What if I'm not strong enough to stay true to myself?

Usually when I had thoughts like these, my mom would snap me back into focus, quickly reminding me of who I am and encouraging me with the truth and promises of God's Word.

But one of the scary parts of this journey was that I had to step into it alone. I wouldn't have my mom to call, my friends to text, or my dad to cry to. Not seeing my family or talking to them would be hard since I talk to them almost every day, especially my mom. Whether it was calling her about what I should wear, needing her to help me with my work and emails, or simply to talk, I rarely went a day without talking to her. But thankfully, she gave me a few pieces of wisdom to take with me.

As I prepared to leave for the show, my mom handed me a stack of letters, one for each day. The problem was she had no idea how many days I would be gone. So she wrote until she felt led to stop. Forty-one letters. It must have taken her forever to write all those! I was moved to tears. This was the best gift someone could give me. I knew I would be in an environment where the people around me wouldn't always understand me, or I would be in situations where I wouldn't know what to do and I wouldn't have my phone to call my mom. These letters were her way of being

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there with me, giving me the inspiration, motivation, and advice I needed each day to remind me of who I am, what's inside me, and that I'm not alone. Each day as I read one of her letters, it gave me the courage I needed for that day, one day at a time. The letters, all forty-one of them, lasted until hometown dates. Then they ran out. The day I opened the last envelope was the day I would see my family again for the first time . . . in forty-one days. Wow!

I want to share what my mom wrote in the first letter.

She told me about a story she heard years ago about the relationship between a mother eagle and her babies. The mother eagle spends weeks preparing the nest and getting food for her babies. The eaglets do nothing on their own. They stay within the nest, usually under the protection of their mom. She watches over them, shelters them, and feeds them, day after day. The time finally comes when she knows what she has to do. I'm sure she fears what could happen, but it's time. She knows that until the eaglets learn to fly on their own, they will fail to understand the purpose and privilege of being an eagle.

Until you face your fear with courage, you won't be able to access your greatest potential: soaring.

Mom encouraged me with these words on the card: "The nest was necessary, but it was temporary, because in time, the nest becomes a hindrance. The scary places will reveal things you never thought you had inside of you, Madi. How you handle the uncomfortable times, the push—matters. Trust God even when it doesn't make sense. You don't belong in the nest. You were created to soar."

These words carried me through many difficult and hard moments. The story reminded me that through the pain and the struggle, I was growing, experiencing, and continuing to learn how to flap my wings. It reminded me not to resent pain, or "the

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push,” but to trust that in the struggle and resistance is where I learn to soar.

I have met many people who have been trapped in their own nests and haven’t mustered the courage they need to spread their wings and fly because they fear what-ifs: What if I fall? What if I’m not ready? What if the nest is better, safer, than whatever unknown is out there? What if I’m not as good as the others?

Whatever your fears are, it is time to face them head on! It’s time to tell your fears how strong you are. Look your fear straight in the face, and do whatever it is you’re afraid of right in front of it. Once you do, you will see that the worst scenario you imagined never really existed at all. Whether through our own will or with the help of another, we need the courage to push ourselves into the unknown, as scary as it may be. This is where our wings are built—this is where courage is developed. And you will discover that you have what you need to soar!

## Courage in the Face of Opposition

In recent months, I have felt strongly that God is raising up women of today to stand firm and carry an unshakable and unbreakable spirit of courage, using the skills and resources they possess to make an impact on this generation. There will always be people or situations that try to limit our impact, silence our voice, and keep us from our purpose. We need courage to stand up to people who oppose us, not only for ourselves but also for those who look up to us, whether they be our siblings, our friends, our coworkers, or strangers on social media.

But what is the source of courage? Where does it come from? Why do some seem to be more courageous than others? We can

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find the courage we need in our relationship with God and his Spirit within us. He promises never to leave or forsake us, and that should make us brave! I discovered that I could rely on God to give me courage when I most needed it, and when I called on him, I knew his Spirit was with me.

Earlier I shared a moment when I embraced true, godly courage: showing restraint and remaining silent. Yet some moments in life require us to speak out and use our voices. True God-honoring courage is having the wisdom to discern when to speak and when to be silent. There is a story in the Bible of a woman who is the perfect example of someone who rose in courage and used her voice, even in the face of opposition. The book of Esther tells the story of an unlikely queen who, in spite of fear and great personal risk, spoke out boldly to save her people from destruction.

Esther didn't seek out the position of queen. The position sought her. The king had been rejected by his queen at the time, Vashti. She had been summoned one evening to present herself to the king and his guests, but Vashti refused to come, feeling it would be beneath her to entertain the king and his friends with her beauty. This defiance infuriated the king, and he issued a decree to search for a new queen. Esther, a Jew in exile, was one of the women under consideration.

As we read about Esther's upbringing and history, we learn that she was an orphan, with no family to call her own except one cousin, Mordecai. Young and away from her home country, Esther was taken into the royal courts. Here, with all the other women, she was primped and prodded and run through the beautification routine. She was pleasing to the king's eye and won his favor. The royal crown was placed on her head and she was declared queen. Yet Esther concealed an important detail about her identity—her Jewish heritage.

## MADE FOR THIS MOMENT

Upon overhearing Haman, one of the king's advisors, plotting to destroy the Jews, her own people, Esther had a choice to make. Would she confront the king and reveal her heritage in an attempt to save a nation, or would she suffer in silence?

Esther needed to save her people, but it would require incredible courage. Anyone who went into the king's presence without being summoned could be executed (for this was a rule during this time), and the king had not requested her presence in a month. Of all the Jews in the empire, she alone had access to the king, but approaching him uninvited could be her death sentence.

Mordecai pleaded with her to speak to the king on behalf of the Jewish people, reminding her of God's purposeful timing by saying, "If you remain silent at this time, relief and deliverance for the Jews will arise from another place, but you and your father's family will perish. And who knows but that you have come to your royal position for such a time as this?" (Esther 4:14).

The biggest decision of Esther's life came down to this one moment. Esther understood that her promotion wasn't just for her

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personal pleasure. She had been put in the palace to serve a great purpose. She had a choice to make: to play it safe for herself personally and gamble the risk of what might happen next or to brave the unknown, come what may. That was all it took to summon the courage needed to fulfill her mission.

Sometimes being courageous means braving the battles no one else is willing to fight.

Putting on her best royal robes, Esther approached the king, unsummoned, and eventually told him of Haman's plot against her people and made her request for help. In a miraculous turn

## COURAGE FOR YOUR MOMENT

of events, the king chose not to execute her and ordered that the Jewish people be saved.

Esther had to overcome fear and battle opposition. Even though times are different in today's world than they were thousands of years ago, Esther still had to battle the same issues we face today, and she was called to rise in courage as you and I are. When Esther was up against the toughest challenge of her life, she drew up boldness and courage to speak out against the oppression of her people because those characteristics were core to who she was. She responded to her circumstances from a position of strength. While we might think her courage to approach the king was just an adrenaline-fueled moment, a closer look reveals something crucial: she was prepared for this moment long before it arrived.

Even though this story was written thousands of years ago, many of the struggles Esther faced are relatable to what you and I face today. Esther had to decide whether to keep her faith a secret to protect her family, face opposition and attacks for her beliefs, and experience the fears and loneliness of knowing she had to take a stand for her people even if it cost her her life. But no matter what came, Esther used each moment as an opportunity to cultivate strength, grace, and courage. Her courage, along with her preparation, changed the course of history for generations to come.

We will all have tipping points, moments that change everything. While we don't know exactly when they will come, we can come to those moments fully prepared. Behind every courageous moment are hundreds of other moments that cultivated that courage.

As young women today, we need to cultivate courage from within to face the moments ahead of us. I believe God is raising up Esthers all over the world who will take their stand and be a voice.

## MADE FOR THIS MOMENT

Yes, we will have to battle fear and face opposition. But don't grow battle-weary; your time is now, and God will give you strength!

Cultivating courage means that rather than letting obstacles hinder us from our purpose, we prepare our hearts and minds to let the pain, fear, and opposition be a chapter in our story and not the ending. So, I ask you, what will you do when you are called to be courageous? Will you stand up when needed? What will you do when your moment comes? Whether your moment seems big or small, whether it will define a generation or make all the difference just to you, be ready. The best news is that God has empowered you for exactly this. He has placed his courage inside you so that when the next challenge, large or small, comes calling, you can know with confidence that *you were made for this!*

## Challenges on Courage

1. Can you recall a time when you were rejected and insecurities crept in? Could this be when your courage was stripped away? If you regularly deal with fear, name it and confront it honestly, but don't stay stuck in it.
2. Say yes if a moment arrives and there is an urging inside you and a peace in your heart. Say yes even if you're terrified to the bone. Stepping into the unknown can be scary, but greatness is rarely achieved in comfort—it will require stepping out in courage, even if it's scary and no one else understands.
3. Trust the push. Find people who will remind you of your identity and push you toward your purpose. Their push might be challenging, but it will help you keep going even when everything in you wants to give up. Trust the push and know that just because you said yes to something doesn't mean it will be easy. Typically, it gets harder from the moment you say yes. But you're ready and you can do it. Believe in yourself and ask God daily for the courage to persevere.
4. Don't be afraid to stand out. But pray for wisdom to know when to speak out and when to be silent.